

Deposit by Friday, December 16, 2011 for Early Booking Savings of \$500 per couple!



Professional Education Society

Since 1980

Ecuador & Galápagos Voyage

November 29 - December 8, 2012

*With an Optional Post-Tour to Peru & Machu Picchu
December 8 - 13, 2012*

*The Evolution of Man & Medicine
Historical & Emerging Healthcare Issues
Joint Medical/Dental CME Seminar with the
Hospital Voz Andes in Quito, Ecuador*

16 CE credits and tax deductible benefits for Physicians, Dentists, Nurses
Certificates of Attendance will be provided for all other healthcare related professionals

Family and Friends are invited to join you on this adventure of a lifetime!



**Register NOW!
Space is limited!**



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Program Costs:

Ecuador & Galápagos Voyage: Land Package, Cruise and In-Program Flights:

\$5,670 Early Booking Price

\$5,920 Regular Per person based on double occupancy in a Classic Cabin

\$6,765 Early Booking Price

\$7,015 Regular Per person based on single occupancy in a Standard Cabin (limited availability)

This ten day program includes all accommodations, most meals, roundtrip flight Quito to the Galápagos Islands (a \$449 value), gratuities for guides, drivers and shipboard staff (except naturalist guides), taxes and port charges (\$110 value), Migratory Control Card, transfers and luggage handling, sightseeing and entrance fees as per itinerary.

Peru & Machu Picchu: Land Package and In-Program Flights:

\$3,445 Per person based on double occupancy

\$4,795 Per person based on single occupancy

This six day program includes all accommodations, most meals, roundtrip flight Lima to Cusco, gratuities for guides and drivers, transfers and luggage handling, sightseeing and entrance fees as per itinerary.

Airfare: (airfare can be booked 11 months prior to departure)

\$800 - \$1,500 International Airfare - *Estimated fares per person – depends on U.S. departure city*

\$489 Quito, Ecuador to Lima, Peru - *Estimated fare per person – subject to confirmation*

Professional Education Society Seminar Fee:

\$495 Professional

\$295 Non-Professional (*Certificate of Attendance of attendance only, no CE credits*)

About the Seminar:

Proposed topics to be covered in the up to 16 hours of Continuing Education provided include:

The Evolution of Man & Medicine: Historical & Emerging Healthcare Issues

In Country Faculty

Healthcare Considerations in Isolated Communities

- Historical & Emerging Healthcare Issues: Evolutionary Perspectives
- Public Health Issues: Challenges & Conquests
 - Infectious Diseases-STD, TB, MRSA
 - Dental Care: Delivery & Challenges
 - Geriatric Population Issues
 - Disease Prevention: Nutrition, Lifestyle & Beyond

Guest Faculty

- Evolution of Infectious Disease: History & Impact
- Man vs. Microbe: New & Emerging Pathogens
- Impact of Ritual on Healing: Cross-Cultural Perspectives
- Medicine & The Legal System: Cross-Cultural Evolution

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Program Overview:



From the Andean Highlands to the Islands

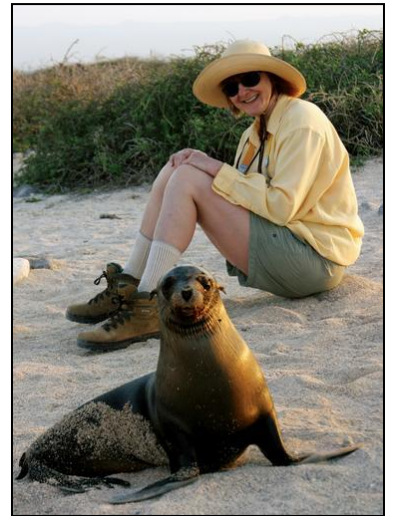
Experience an amazing tapestry of environments in Ecuador's highlands - ice-capped volcanoes, Andean Sierras and rivers winding through rainforests. Discover Incan healing rituals still practiced today. Explore the famous Otavalo Market, a renowned gathering where craftsmen from all over the country come to sell their beautiful textiles, jewelry and produce.

Spend two nights in a beautiful mountain hacienda.

Close Encounters of the Wild Kind!

Nowhere else on earth will you have the opportunity to interact with the array of creatures that call the Galápagos home! There is something special about the appeal of the Galápagos in that it doesn't matter what age you are. The archipelago provides day-in day-out enchantment, wonder, and surprise to all who visit!

Our program is specifically designed for you to enjoy an exciting sea adventure in the extraordinary natural environment of the Galápagos Islands. You will journey some 600 miles off the coast of Ecuador to experience up-close encounters with sea lions, penguins, tortoises, fur seals, marine iguanas and many kinds of sea birds. The sheer amount of wildlife is astounding!



Inclusive Highlights:

- Three nights in Quito at the Swissôtel (2 nights pre-cruise and 1 night post-cruise)
- Two nights in the Andean Highlands at the beautiful Hacienda Cusin
- Four night Galápagos Island cruise on the comfortable 40-passenger M/V Isabella II
- Daily Breakfast, 8 lunches and 8 dinners
- Quito city tour with visit to "Old Town" the wonderfully preserved colonial sector, a UNESCO World Heritage Cultural Site
- Visit the world-famous Otavalo Indian Market
- Visit Andes villages of Peguche and Illuman to see traditional musicians and textile weavers and discover ancient Incan healing rituals
- Full program of activities in the Galápagos Islands, including nature walks to see spectacular scenery and wildlife, engaging wildlife talks, snorkeling and sea kayaking and swimming with sea lions
- On-board programs to learn about Ecuadorian history and culture plus flora and fauna of the Galápagos
- Expert naturalist guide and PES escort
- CME seminars by foreign professionals and distinguished members of the Professional Education Society

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Itinerary:

Thursday, November 29, 2012 ~ Depart U.S. / Arrive in Quito

Depart local gateway for flight to Quito. Most flights arrive Quito in the evening.

Upon arrival in Quito, a representative will meet and escort you through immigration and customs. Once through customs, you will be transferred to the Swissôtel.

Remainder of the evening at your leisure.

Overnight Swissôtel (meals enroute)

Friday, November 30, 2012 ~ Quito / Otavalo

After breakfast, depart on a **city tour of Colonial Quito**. This morning sightseeing demonstrates some reasons why Ecuador's capital has earned its honor as a World Heritage Cultural Site. Marvel at the city's ornate churches such as the Cathedral, La Campania de Jesus and San Francisco, and experience a long history of local culture in *Quito's "Old Town"*. Rich in art treasures, fine woodcarvings and alters of gold leaf, the churches are historical icons of Quito.

Later in the morning visit the **Hospital Voz Andes**, which belongs to an organization called Mission HCJB. In 1929 and 1930, Clarence Jones met four Christian & Missionary Alliance missionary couples who were working in Ecuador. These four couples encouraged Clarence to seek permission from the Ecuadorian government for the operation of the Radio Station HCJB. From that beginning, Mission HCJB has continued to work in Quito and the Voz Andes Hospital is part of its Health Care mission. Due to the increasing need for health care, the organization decided to build the hospital which was inaugurated on October 12, 1995. In response to the high patient volume, the Voz Andes Hospital expanded in January 1987. Today you will be able to visit the facilities of the hospital accompanied by an English speaking hospital staff.

We have lunch at Rumiloma Lodge, while enjoying a wonderful view of the city and all the Andean peaks that surround it. After lunch, continue north for sightseeing in the Otavalo area. You drive from Quito along the Pan – American Highway to make your first stop at **Guachala and the Quitsato Sundial**. Here you find a monument to the Litad del Mundo (the Middle of the World) designed as a huge sundial. Located **directly on the equator**, the monument incorporates Pre-Colombian ruins. A short visit provides you with a very interesting look into the magnificent astronomic knowledge that existed among the ancient populations of the Andes.

Arrival in Hacienda Cusin in the evening, check in, dinner and overnight.

Overnight Hacienda Cusin (B,L,D)

Saturday, December 1, 2012 ~ Otavalo

After breakfast, we drive to Otavalo for a visit of the famous **Otavalo Market**. This small town, with a population of about 50,000, is justly renowned for its friendly people and their world-famous market, a gathering that has occurred here since pre-Incan times. Otavaleños are the most prosperous Indian group in the country because their weavings, carpets, colourful ponchos, Indian jewelry and needlework are so attractive! Bargaining is the order of the day here; those who refuse to "play the game" lose both money and respect to stallholders who greatly enjoy the clash of wits. You can also visit the colorful and authentic produce market, which gives you the opportunity to see many of the unique fruits and vegetables of Ecuador.

After lunch at a local hacienda, we make a stop in the village of Peguche to visit the **home of Mr. Jose Luis Pichamba**, whose family has a long lasting musical tradition. Your hosts will show you the process of crafting

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traditional instruments as well as demonstrate how to play them. Peguche is also home to many of the areas textile weavers. You see examples of the ancient weaving techniques to produce their famous textiles. An excellent option for the end of your visit to the Otavalo region is an easy hike to the waterfall of Peguche, considered a sacred symbol of the Otavaleno culture.

Before returning to your hotel, we visit **Illuman** where you meet a Shaman for an **Individual Shamanic Cleansing Ceremony**, a spiritual cleansing of your body. This traditional ceremony cleanses and balances your Luminous Body and is the foundation for personal transformation in the lineage of the Yachaq Shamans of Imbaura. The ceremony removes the blotches, breaks, dirt and debris accumulated over time, which block the free flow of energy and thwart your growth, providing a connection to a wealth of previously inaccessible energy.

Overnight Hacienda Cusin (B,L,D)

Sunday, December 2, 2012 ~ Otavalo / Quito

After breakfast, we visit the “**Santa Maria de los Angeles Village**” which is a non-profit foundation committed to offering food and shelter to orphan children affected by the HIV virus. The village is the home to 20 children ranging from 1 to 16 years old. The visit will be an opportunity to help the staff with housekeeping tasks, learning about the work the JUVILUS foundation in charge of the project does; or simply play with the children.

Afterwards we visit **Lake Cuicocha**, a crater lake located in the Western Cordillera of the Andes. “Cuicocha” is a Kichwa word meaning “Guinea Pig Lake”, a name given due to the shape of the large island in the center of the lake. Created 3,100 years ago by a massive eruption, the lake is 3 km long and occupies a stunning setting with deep azure waters. You have the option of a short hike in the area along the lake.

A delicious home-made lunch is served on the return to Quito at **Hacienda La Compania** – a private hacienda dating back to the 17th Century where you will be hosted by Francisco and Maria Gloria. They will tell you the history of this property and will enthusiastically show you the chapel, the gardens and the rose farm that produces over one million roses annually for export to Europe and the USA.

Following our visit to the Hacienda La Compania, we return to Quito and you will have the rest of the afternoon at your leisure.

This evening we visit the **Mindalae Museum** to see the complete exhibition of handicrafts and home utensils made in what is now Ecuador. This new museum was inaugurated on December 1, 2006 and has the sponsorship of the Sincha Sacha Foundation. Dinner following our visit.

Overnight Swissôtel (B,L,D)

Monday, December 3, 2012 ~ Depart Quito for Galápagos Islands

After breakfast, check out of the hotel and transfer to the airport for your flight from Quito to Baltra Island.

Arrive at the Baltra Airport and transfer to the Itabaca Channel to take a ferry across to **Santa Cruz Island**. You will take a 30–minute bus ride to the impressive site known as **Los Gemelos** (The Twins). These are a series of geological sink holes. Be impressed by the Scalesia forest, consisting of endemic daisies that took the niche of trees, growing to spectacular sizes, and now home to several species of endemic birds, such as the rare woodpecker finch, one of the world's few tool – using species. We visit the nearby Tortoise



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reserve, where most of the year we see the giant tortoises in the wild. Lunch at a local restaurant, and then continue to Puerto Ayora.

Afternoon visit to **the Charles Darwin Research Station** and the giant tortoise pens, including tortoise celebrities like "Lonesome George" within an impressive giant prickly-pear cactus forest home to many land birds. These are the headquarters of scientific investigation, conservation and the National Park administration.

Late afternoon stroll along the main street of Puerto Ayora before embarking on **Yacht Isabella II**. There will be a briefing about the expedition plan for Tuesday, Captain's welcome cocktail and dinner.

Overnight M/V Isabella II (B,L,D)

Tuesday, December 4, 2012 ~ Santa Fe Island

After breakfast, make a wet landing on a sandy white beach with many sea lion harems. Bulls vie for the right to be "Beach Master", while smaller males masquerading as females make stealthy mating moves. Galápagos hawks are often easily observed, perched atop salt bushes. The giant prickly pear cactus found here live up to their name with tree-sized trunks! The endemic land iguana, unique to this island, may be spotted during the afternoon walk. Snorkeling, kayaking and/or swimming from the beach rounds off the rewarding experience. Lunch on board.

Disembark (dry landing) in the channel between **North and South Plaza Islands**, where the island tilts toward the water, the approach makes for a lavishly colorful sight! The turquoise waters of the channel contrast brilliantly with the white sand and black lava of the shoreline. The rocks have grown thick with green seaweed in places, speckled with bright orange 'Sally Lightfoot' crabs. Further up the shore a carpet of scarlet sesuvium succulents serves as groundcover for a grove of luminescent green prickly-pear cactus. Yellow-grey land iguanas sit beneath these, waiting patiently for pears to drop. Along the coastline one finds sea lion colonies, while frigatebirds, swallow-tailed gulls and shearwaters glide playfully with the thermals that form along the cliffs of this small but amazing island.

Back on board, there is a briefing on Wednesday's expedition plan and dinner.

Overnight M/V Isabella II (B,L,D)

Wednesday, December 5, 2012 ~ North Seymour Island

The morning starts with a dry landing for a view of the coast and the interior of **North Seymour Island**, one of the few uplifted islands in the Galápagos Archipelago. The trail leads guests to explore colonies of blue footed boobies, magnificent frigatebirds, and swallowtail gulls. The sandy shore teems with Galápagos sea lions and marine iguanas. Vegetation consists of cacti, palo santo (torchwood) trees and salt bushes. Advanced snorkeling near the cliffs is possible after the walk. Lunch on board.

After WWII, US military barges were beached and abandoned here. Locals referred to the beach as the barges beach, a name that morphed to "bachas". Today it is an important nesting area for the east Pacific green sea turtle. Located on the north shore of Santa Cruz Island, it is a glorious white beach, with several brackish lagoons only a few steps away from the sea. These lagoons are the feeding grounds of various wading birds, from stilts to flamingos. Swimming and/or snorkeling from the beach.

Back on board, there is a briefing on Thursday's expedition plan and dinner.

Overnight M/V Isabella II (B,L,D)

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Thursday, December 6, 2012 ~ Bartolome Island

Disembark at **Bartolomé Island** (dry landing) for a hike to the summit. A great way to start the day! This is a steep climb up a wooden staircase with handrails and several resting and observation stops; the view from the top is worth the effort. Following the walk, a dinghy ride around colossal Pinnacle Rock, is rewarding, followed by time to enjoy the beach (wet landing) and some snorkeling, with possible Galápagos penguin sightings. Guests can also ride on the glass-bottom boat for great views of the underwater world. Lunch on board.

After lunch, board the panga for the short trip to the landing site at Sullivan Bay on the east coast of **Santiago**. Wet landing on a white coral sand beach and begin the walk over lava that flowed less than 100 years ago. This is the perfect place to see and feel the volcanic origin of Galápagos and learn first-hand the initial steps of pioneering plants and animals over recently produced volcanic ground. Memorable scenes of the film Master and Commander were shot at these two locations.

Tonight we gather for a farewell cocktail and departure briefing before dinner.

Overnight M/V Isabella II (B,L,D)

Friday, December 7, 2012 ~ Depart Galapagos Islands for Quito

Disembark on Baltra Island. Transfer to the airport to take the flight back to the mainland. Upon arrival in Quito, you will be met and transferred to your hotel. Rest of the afternoon at leisure.

Dinner tonight will be at **Casa San Marcos**. This charming property, built in the 17th Century, is located in the heart of Quito's Old Town. After falling into disrepair in the 20th Century, it was purchased by Mayra Ribadeneira in 2006. It took three years of hard work, passion, and investment to realize Mayra's dream of creating a space for art lovers in Quito's Old Town. This painstaking process incorporated as many original materials from the building as possible. Filled with artwork and antiques, the Casa San Marcos is a haven for connoisseurs of art and culture.

Overnight Swissôtel Quito (B,L,D)

Saturday, December 8, 2012 ~ Depart Quito for USA

Transfer to the airport for the international flight. (B)

What to Expect?

This is a moderately active program designed for PES clientele. Our trip begins in Quito, the capital of Ecuador, which is at an elevation of 9,000 feet with spring-like climate year round. The Galápagos Islands straddle the equator with temperatures ranging between the 70s and 90s. The ship is an adventure vessel – so please keep in mind that it is comfortable, but not a luxury ship. On the islands, zodiac-style dinghy rides take us ashore with wet and dry landings. A wet landing requires you to disembark in water up to your knees and then wade into shore. Nature walks range from short, relaxing strolls to more vigorous hikes over uneven or rocky lava terrain. There are chances for swimming, snorkeling, kayaking and other activities.

A typical day on board the Isabella II begins with an early breakfast buffet followed by a nature walk. Back on board your experience is enriched by a lecture from a naturalist guide. Enjoy a leisurely lunch with time afterwards for relaxation or to enjoy the ship's amenities. In the late afternoon, depart on another land excursion. The day concludes with shared stories over cocktails, dinner in the main dining room and star gazing from the sun deck.

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Accommodations:

Swissôtel Quito is a luxury hotel conveniently located in the commercial and residential area of Quito and recognized for the finest service in the city. The hotel is within easy access to the Old Town and to the airport. Six excellent restaurants offer a wide variety of international cuisine from French, Swiss, Japanese, to prime steaks and sumptuous buffets; there is a menu to suit every taste. Facilities include an indoor and outdoor swimming pool, sauna, steam bath, fitness center, squash, and racquet and tennis courts. The hotel's Amrita Spa is the perfect place for relaxation or a workout.

Hacienda Cusin is a restored, 17th-century Andean estate at 8,500 feet in the Ecuadorian Andean Highlands. This intimate property is very close to the Equatorial Line and the famous market town of Otavalo. Guest rooms are furnished with antiques, select Andean crafts and beamed-ceilings. Ancient lakebed soil, a predictable equatorial sun and avid gardeners have created several acres of year-round flowering gardens including cobblestone lanes, fountain patios, belladonna, bougainvillea, agapantha, foxgloves, orchids, and palms, which attract over 50 species of birds.

The 40-guest **Isabela II**, with 20 outside cabins, is one of the most luxurious yachts cruising the Galápagos. Presenting an elegant yet relaxed atmosphere, her helpful and warm staff attends to your every need. All passenger cabins are spacious and have private bathrooms. The Isabela II is fully air-conditioned and has the amenities of a larger vessel, including a bar, dining room and sun deck. The sun deck comprises a bar with ample outdoor seating, an observation area for whale and dolphin watching, a gym and Jacuzzi, and solarium. The Isabela II carries sea kayaks and three Zodiacs, and as an alternative to snorkeling, her glass bottom boat offers a great opportunity to observe the marine life from above the waves. From dining room to stateroom, one senses the superior quality at all levels of service. The yacht's trained chefs prepare a superb a la carte selection for all dinner meals. The library contains the largest variety of books on the Galápagos and Ecuador of any ship in Galápagos waters, as well as excellent nature and conservation videos.

Terms and Conditions

Passports are required for travel.

Deposits: Ecuador & Galápagos Voyage deposit is \$750 per person. Peru & Machu Picchu is \$500 per person.

Final Payment: Final payment is due by August 31, 2012.

Trip cancellation insurance is highly recommended; information will be sent with your deposit confirmation.

Not Included: International round-trip airfare to Quito, international departure tax from Ecuador (approx. \$45 pp), unexpected fuel surcharge, trip cancellation and medical insurance, gratuities to your onboard naturalist guide, and all items of a strictly personal nature.

Cancellation: All cancellations must be made in writing to the Professional Education Society.

From time of deposit to June 2, 2012: \$200 per person
From June 3, 2012 to August 31, 2012: \$750 per person
From September 1, 2012 to September 30, 2012: 50% of program
From October 1, 2012 to departure: 100% of program

Seminar Fees: 90 days or more prior to departure: seminar fee is 100% refundable. Within 90 days of departure: no refund on seminar fee.

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Registration - Space is limited – book early!

Visit our website: www.pesttravel.com for registration form and further information

For Travel Information, contact:

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Continuing Education Recognition Awards

Physicians: This program has been reviewed and is acceptable for up to 12 prescribed hours for Ecuador and the Galápagos and 4 prescribed hours for Peru by the American Academy of Family Physicians.

Dentists: The Professional Education Society, as provider, is authorized to confer up to 12 hours of California Continuing Education credit units for Ecuador and the Galápagos and 4 hours of California Continuing Education credit units for Peru; and 12 FAGD/MAGD credit hours with the Academy of General Dentistry for Ecuador and the Galápagos and 4 FAGD/MAGD credit hours with the Academy of General Dentistry for Peru. The Professional Education Society is an ADA CERP Recognized Provider.

ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. Professional Education Society designates this activity for 12 continuing education credits for Ecuador and the Galápagos and 4 continuing education credits for Peru.



Nurses: The provider is approved by the California Board of Registered Nursing, Provider Number CEP 5428 and is authorized to confer 12 contact hours for Ecuador and the Galápagos and 4 contact hours for Peru. Although the California Board of Registered Nursing does not approve individual continuing education courses, providers are required by law to be approved by the Board. Reciprocity for continuing education hours for nurses is available in most states. Please check with your regulation board regarding requirements.

Tax Deduction

This travel seminar for Ecuador, the Galápagos and Peru has been designed to comply with current IRS convention rules and deductibility requirements under Code Section 274(h)(1) as directly related to the conduct of the attendee’s profession and meeting the reasonableness standard of the foreign seminar rules. The formal meetings will be scheduled with lectures and discussions. Seminars in conference rooms, clinics or hospitals will be conducted by foreign speakers as well as distinguished members of the Professional Education Society.

Documentation verifying the scheduling dates, locations, hours of attendance, certificate of participation, and appropriate certificate of continuing medical, dental or nursing education will be provided at the completion of the conference. Consult your tax advisor for detailed information concerning deductibility of expenses related to your particular situation.

NOTE: A summary of potential Tax Deductible expenses is provided in participant information packets.