

FT. LAUDERDALE, FL to FT. LAUDERDALE, FL

SS VOYAGER November 23, 2010

Welcome Ashore!

Regent Seven Seas Cruises shares your passion for new discoveries and that has led us to create an award winning program of optional shore excursions and tours that explore the world's most important historical, cultural and artistic gems. The wide variety of tour options means you may choose from the most enriching tours and adventures available in each of our ports of call. Witness natural wonders, explore man-made marvels and immerse yourself in the culture, history and cuisine of these storied destinations.

Shore Excursion Points of Distinction

Professional English-speaking experts to guide you through your journey.

Peace of mind knowing that your excursions are monitored by the ship's staff.

A staff of experienced, excursion specialists expertly plans each tour and is dedicated to maximizing your time in each port.

Travel with premier, licensed and insured, tour companies aboard the best available, climate controlled luxury transportation.

Reserve Your Excursions Online!

Now you can reserve individual shore excursions online, all from the comfort of your home. Our website www.rssc.com offers a wealth of information about your cruise: learn about and purchase shore excursions, view pre- and post-cruise hotel packages, find answers to frequently asked questions, read general information about your upcoming cruise experience, and much more.

You may purchase tours up until 7 days prior to your sail date. Our website safely and securely accepts credit card payments; you will automatically receive confirmation of your online purchase by email. And all shore excursions purchased online receive priority processing and guaranteed acceptance. Call your travel agent or visit www.rssc.com today to pre-purchase any of these wonderful programs. Next to each tour description, you will find symbols to assist you in choosing the excursion that is right for you.

❖ KEY WEST, FL

KEY-006 LIGHT TACKLE FISHING

Duration: 3.50 Hrs **Tour Price:** \$149.00 **Retail Price:** \$249.00 **Date:** November 24, 2010

See if you can land the catch of the day during this light-tackle fishing tour in Key West, home to hundreds of world-record catches.

For the expert or novice, light-tackle fishing is a uniquely Key West form of angling that pits the lightest lines against the biggest fish. Depart the pier in a fishing boat with your captain, and set off for an opportunity to reel in tarpon, permit, king mackerel, snapper, tuna, grouper, barracuda, sharks, and more. The crystal-clear waters of Key West have produced hundreds of world records; the type of fish you target will depend upon the season.

Following your light-tackle fishing excursion, you will be returned directly to the pier.

Please note: There is limited shade on the boats. Guests are advised to wear sunscreen, a hat and sunglasses.

KEY-007 ECO-KAYAKING ADVENTURE

Duration: 3.00 Hrs **Tour Price:** \$0.00 **Retail Price:** \$99.00  **Date:** November 24, 2010



Experience the unique natural beauty of the Florida Keys during this eco-kayaking adventure to the Key West National Wildlife Refuge.

After embarking your boat, you will depart the pier for the ride to the Key West National Wildlife Refuge. The refuge features hundreds of uninhabited islands scattered in the rich waters of Florida Bay, and serves to protect a world-renowned ecosystem that is the subject of intensive scientific study. Upon arrival, you will proceed to one of these islands, Archer Key.

As you near the island, your kayak will then be lowered into the shallow waters and you will be guided through the nature reserve. Along the way, you will explore the shallow, clear waters that are home to a variety of marine life, plants and birds. This area is a true marine sanctuary, both above and below the waterline. Your guide has spent years plying these local waters, and will provide you with interesting facts about your surroundings.

Following your kayaking tour, you will re-board the boat for the return ride to the pier.

Please note: This tour is only recommended for active guests in good physical condition. This tour is not recommended for guests with limited mobility or guests who utilize a wheelchair. Guests are advised to wear a swimsuit under a cover-up, sunscreen, a hat and sunglasses, and bring a towel from the ship. There are facilities and plenty of dry storage on the boat.

KEY-008 WHITE KNUCKLE THRILL BOAT RIDE

Duration: 2.25 Hrs

Tour Price: \$0.00

Retail Price: \$99.00



Date: November 24, 2010

Time: 08:30 AM



Experience Key West in a unique new way during this island tour and exhilarating jetboat adventure.

This unique excursion is the only way to get a glimpse around the entire island by land, including areas most visitors don't get to see, and experience the adrenaline rush of a high-speed thrill boat ride. Your craft has been specially-designed and Coast Guard-approved to perform awesome tricks such as sideways slides, sashays and incredible 360-degree spins.

Depart the pier with your guide for a brief orientation drive through the Old Town. Along the way, you will pass by beautiful bed and breakfast inns, brightly-painted conch houses and other historical landmarks. You will then travel along the Gulf side of the island, and pass Charter Boat Row and Houseboat Row before continuing on through Mid-Town and New Town. You will learn interesting facts about the island, and some of the quirky residents who have lived here.

Next, you will proceed to the marina and embark the White Knuckle. Powered by a massive Chevy 502 engine, she can attain speeds of up to 50 m.p.h. in just four inches of water without harming marine life or the environment. After donning your life vest and receiving your safety briefing, you will proceed through the beautiful mangroves of Cow Key Channel, home to manatees, nurse sharks and iguanas. Upon reaching the Gulf of Mexico, your captain will maneuver your craft through a series of thrilling twists and spins.

On the return ride, you will slow down for a ride through the clear, shallow waters of the Florida Keys' backcountry. Here, you may catch a glimpse of giant sea turtles, spotted eagle rays and dolphins as your captain relates a bit of the area's colorful history. After docking, you will have some free time on shore for a complimentary ice cream and bottled water, soda, hot cocoa or beer. Additional food and drinks may be purchased at the cozy dockside bar and grill. Photographs of your experience aboard the White Knuckle will be available for purchase.

After re-boarding your vehicle, you will then return to the pier via the Atlantic coastline past sandy beaches and luxury resorts, or down the center of the island through some of the more residential sections of Key West. Your guide will welcome any questions you may have, and will point out any other highlights along the way.

Please note: As this tour involves travel over bumpy surfaces, guests with neck and/or back injuries or those who may be pregnant are discouraged from participating. This tour is not recommended for guests with limited mobility or guests who utilize a wheelchair. Guests must be capable of holding on securely to the grab bar while the boat is in motion. Children must be at least five years old and accompanied by a parent in order to participate on this tour. Please advise the Destination Services Manager if you weigh more than 200 pounds, as a special seating arrangement must be made. Be prepared to get very wet. Guests are advised to wear sunscreen, a hat and sunglasses, and bring a towel from the ship.

KEY-011 ELECTRIC CAR GPS TOUR

Duration: 4.00 Hrs

Tour Price: \$99.00

Retail Price: \$199.00

Date: November 24, 2010

Time: 08:30 AM

Experience the historic beauty of Key West without leaving a carbon footprint during this memorable electric car and GPS tour.

Depart the pier in a four-seat electric car with GPS Ranger for a tour of Key West. Along the way, this eco-friendly car will lead you to some of the city's most popular landmarks. During your tour, you will discover hidden treasures and renowned sites that include Civil War forts, historic Key West Bight, Hemingway Home, Southernmost Point, Duval Street, Atlantic Ocean, and the Gulf of Mexico. You will be guided and entertained while still retaining the ability to proceed at your own pace. You will have time to stop and take photographs, purchase a snack or refreshment, or let your toes dig into the sand on one of the beaches.

Following your tour, you will be transferred back to the pier.

Please note: There is a minimum of two persons per car. Although the GPS portion of the tour lasts for 1 hour, plenty of time will be allotted for stops and exploration of the GPS-noted locations and highlights of Key West. Drivers must be 21 years old, and have a current and valid driver's license. Driver must have a valid credit card for a deposit hold of \$200. This tour is not available for families with children under five years of age. Drivers are responsible for any parking fees in meters or lots, and it is suggested that the driver bring plenty of quarters for the parking meters.



Seated



Light Activity



Extreme Walking or Long Tours



Most Active Tours



Meal Included

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KEY-002 PRESIDENT TRUMAN'S KEY WEST

Duration: 2.00 Hrs **Tour Price:** \$0.00 **Retail Price:** \$89.00  **Date:** November 24, 2010 **Time:** 09:00 AM



Explore the fascinating history of Key West during this unique tour aboard the Old Town Trolley or Conch Tour Train, and a visit to the Harry S. Truman Little White House.

Depart the pier for the brief stroll to the trolley or train depot. Upon arrival, you will climb aboard and travel approximately 1.4 miles through Old Key West. As you explore the largest historical district in the United States, you will hear colorful anecdotes, learn about the island's history and pass by many renowned landmarks, including the Hemingway House, Southernmost Point, Audubon House, Duval Street, and more.

Along the way, you will also learn about the pirating history of this colorful island, and pass by the active harbor. The old conch homes reflect the great wrecking days that once made Key West the wealthiest city in the United States. The tour will end at Mallory Square in the heart of the Old Town. From here, you will be escorted 1.5 blocks to the Harry S. Truman Little White House.

The Harry S. Truman Little White House offers guided tours of this presidential museum that depart about every 15 minutes. Built in 1890 on the waterfront of the harbor, the Little White House served as the first officers' quarters on the naval station. At the beginning of the 20th century, the home was converted into a single-family dwelling to house the base commandant. During your guided tour of this presidential museum, you will learn about the many distinguished guests that once stayed here, including Thomas Edison, British Prime Minister Harold Macmillan, and Presidents Truman, Eisenhower, Kennedy, Carter, and Clinton.

Following your guided tour, you will follow the signs for the three-block, 200-yard walk back to the pier.

KEY-003 DISCOVER KEY WEST

Duration: 2.50 Hrs **Tour Price:** \$0.00 **Retail Price:** \$99.00  **Date:** November 24, 2010 **Time:** 09:00 AM



Discover Key West in three unique ways during this colorful and entertaining island tour aboard a Conch Tour Train or an Old Town Trolley, and visits to the Key West Aquarium and Shipwreck Historium.

Your Key West discovery will begin with a fully narrated, 1-hour tour of the island via Old Town Trolley or Conch Tour Train. Along the way, your conductor will point out unique details and renowned landmarks.

Next, you will proceed for a self-guided visit to the Shipwreck Historium, which opened in June 1994 as a re-creation of the 1856 wreckers' warehouse. Inside, you will see a video presentation depicting how Key West once became the wealthiest city in America. This nautical museum serves as a backdrop for artifacts from the Issac Allerton, which sank in 1856. Don't miss the view from the lateen tower, or wreckers' lookout that rises 65 feet above street level and provides a great viewpoint from which to photograph your ship.

Your tour will conclude with a self-guided visit to the Aquarium, Key West's oldest attraction. Built in 1934 as an open-air aquarium, it was recently expanded to include both Gulf and Atlantic shores exhibits.

Please note: Following your self-guided tour of the Historium and Aquarium, you will be responsible for meeting the all-aboard time designated by the ship. Please check the daily program for the scheduled departure time of the ship.

KEY-004 FURY CATAMARAN SAIL AND SNORKEL

Duration: 3.00 Hrs

Tour Price: \$0.00

Retail Price: \$89.00



Date: November 24, 2010

Time: 09:15 AM



Explore the pristine waters off of Key West during this sail and snorkel excursion via catamaran to North America's only living coral reef.

Depart the pier on-foot for the brief stroll to the catamaran dock. Weather permitting, you will embark your comfortable, specially-built catamaran and sail to a part of the coral reef not typically explored by most Key West visitors. Guests of all ages will be amazed by this incredible, vibrantly-colored display of fish and coral. The staff will be on hand to provide snorkeling instruction on the way out to the reef, and provide extra assistance to all guests as needed during your 1-hour snorkeling excursion.

You can swim in the sub-tropical waters, and view the diverse and incredible collection of undersea life before settling back on board for complimentary beer, wine or soft drinks on the return trip.

Upon your return to the catamaran dock, you will disembark the catamaran for the brief walk back to the pier and ship.

Please note: This tour is only recommended for active guests in good physical condition. This tour is not recommended for guests with limited mobility or guests who utilize a wheelchair. Guests are advised to wear a swimsuit under a cover-up, sunscreen, a hat and sunglasses, and bring a towel from the ship. Be advised that the boat is not exclusive to RSSC guests, and can take on a party atmosphere following the snorkeling portion of the tour.

KEY-009 KEY WEST WALKING TOUR

Duration: 2.50 Hrs

Tour Price: \$0.00

Retail Price: \$89.00



Date: November 24, 2010

Time: 09:30 AM



Explore the historic beauty of one of Florida's most popular destinations during this scenic and informative walking tour in Key West.

Formerly one of the richest cities per capita in America, Key West is immortalized by a storied past that has been shaped by wreckers, spongers, cigar makers and the U.S. Navy. This thriving center of art, culture and entertainment has also been the home, or second home, of presidents, movie stars and writers.

Depart the pier for a guided and narrated walking tour of Key West. During a stroll through its enchanting streets and lanes, you will discover the island's rich maritime history, wonderful architecture and relaxed lifestyle. Tropical foliage will shade the walkways as you make your way through the heart of Key West. During your tour, a refreshment stop will be made for a bottle of water and an opportunity to sample the island's famous conch fritters.

Your tour will conclude with a climb to the top of the 65-foot tower at the Shipwreck Historium, which offers wonderful views and photo opportunities of the entire island.

Following your tour, you will return to the pier.

Please note: This walking tour involves 1.25 miles of walking over mostly flat surfaces, and includes a number of stairs at the Shipwreck Historium. Guests are advised to wear comfortable shoes, sunscreen, a hat and sunglasses.

KEY-010 KEY WEST AQUARIUM AND BUTTERFLY CONSERVATORY

Duration: 2.00 Hrs **Tour Price:** \$0.00 **Retail Price:** \$89.00  **Date:** November 24, 2010 **Time:** 09:30 AM



Rediscover the beauty of nature during this trip to the world-class Key West Butterfly and Nature Conservatory, a spectacular glass-enclosed, climate-controlled conservatory.

Your tour guide will meet you at the cruise ship dock and escort you on the short air-conditioned bus to ride the Key West Butterfly and Nature Conservatory. Begin with a visit to the Learning Center to view a 15-minute award-winning film that describes the anatomy, physiology and life cycle of the butterfly. Stroll through this tropical paradise to witness hundreds of free-flying butterflies and exotic colorful birds from around the world against a backdrop of lush flowers, trees, orchids and cascading waterfalls. Afterward, visit the Gift Shop and Gallery to browse through a wide variety of unique nature-related gifts. Don't forget to bring a camera on this memorable tour. Afterward, you'll be transported to Mallory Square and the Key West Aquarium by air-conditioned bus.

The Key West Aquarium, located in the corner of Mallory Square, dates back to 1935 and is Key West's oldest attraction. It is home to hundreds of different species of undersea life and includes a touch tank where children of all ages are encouraged to enjoy a hands-on experience. The Aquarium is also home to a wide variety of fish including grouper, moray eels, barracuda, tropical fish, tarpon, sharks, parrot fish, and more. During your tour, you'll even be able to pet a live shark! Guided Tours and shark feedings occur daily at 11am, 1pm, 3pm and 4:30pm.

Perhaps the highlight of the aquarium is the unique Atlantic Shore exhibit, with its local and in-depth perspective of the mangroves. The important and ecologically diverse mangroves are an integral part of the Florida Keys and serve as a hub for its inhabitants and multifaceted ecosystems. The selection of Key West's newest and most diverse Eco-tour brings all different aspects of this incredible tour together.

KEY-001 GLASS BOTTOM BOAT

Duration: 2.00 Hrs **Tour Price:** \$0.00 **Retail Price:** \$89.00  **Date:** November 24, 2010 **Time:** 09:45 AM



This delightful exploration of the waters surrounding Key West allows you to explore dramatic underwater vistas that are generally reserved for scuba divers. Boarding your comfortable tour boat, you'll set off on a relaxing and picturesque cruise to the reef, where a wide variety of fish and other sea creatures await your viewing pleasure. Along the way, your experienced captain and crew will provide a unique and informative eco-tour and point out the most interesting species of marine life that make their home in the waters of this incredible island. You'll marvel at the amazing beauty of the colorful fish and reef inhabitants as you gaze into the underwater world of Key West. Your fully equipped Glass Bottom Boat, The Pride of Key West, offers you a smooth ride on a modern catamaran and features a seated sun deck as well as an air-conditioned, enclosed viewing area. After approximately 30 minutes enjoying the wonders of the reef, you'll make your way back to the dock where your tour concludes.

Please note: This tour is available to guests who utilize a wheelchair; however, the wheelchairs are not allowed on board and must be left at the check-in booth. Those with mobility concerns should evaluate their personal level of ability. Natural sea conditions may create some movement of the vessel and guests must accept responsibility for their movement around the vessel. It is recommended that guests wear comfortable, flat, rubber-soled shoes and bring a hat, sunglasses and sunscreen. The catamaran is equipped with restrooms and a snack bar.

KEY-005 PARASAILING KEY WEST

Duration: 1.00 Hrs

Tour Price: \$0.00

Retail Price: \$99.00

Date: November 24, 2010

Time: 10:45 AM



Discover Key West from a truly unique perspective during this scenic and exhilarating parasailing adventure.

Depart the pier with your guide for the brief walk to the parasailing boat. Upon arrival, you will fill out your liability waiver, receive your safety instructions and embark the boat. You will then commence your offshore powerboat ride, parachuting, ballooning and gliding adventure.

Your custom-designed Ocean Pro parasailing boat features an integrated onboard flight deck launch and recovery system. In addition, your Coast Guard-licensed crew will guide you every step of the way, and will help you experience the thrills of winch-direct parasailing by utilizing the latest state-of-the-art parasailing technology.


Along the way, you and another guest will experience the excitement of flight while seated side-by-side with our new tandem bar. Your special vantage-point hundreds of feet above the Atlantic Ocean will enable you to take in panoramic views of Key West and its beachfront. Photo packages will be available to capture all of the action and excitement.

Following your tour, you will be returned to the pier, where you may opt to return to your ship or explore Key West at your leisure.

Please note: The walk from the ship to the parasailing boat is approximately 400 yards over a flat, paved surface. All guests will be required to fill out a liability waiver to participate on this tour. This tour is not recommended for guests with limited mobility or guests who utilize a wheelchair. The boat may not be exclusive to RSSC guests. The minimum age to participate is 12 years old. Weight restrictions require a minimum of 75 pounds per person, and a maximum combined weight not to exceed 600 pounds. Operation of this tour is dependent upon wind speeds, which must be well within safety guidelines.

❖ COZUMEL, MEXICO

COZ-002 DISCOVER SCUBA IN COZUMEL

Duration: 3.00 Hrs **Tour Price:** \$0.00 **Retail Price:** \$99.00  **Date:** November 25, 2010 **Time:** 12:30 PM



This tour is a great opportunity to experience the amazing underwater world of Cozumel and can be enjoyed by both first-time divers and those with diving experience.

Meeting your guide at the pier, it's a short transfer to the dive site where upon your arrival, you'll receive classroom instruction on the basic principles and procedures for a safe diving experience, as well as proper use of your equipment. Following class, your professional certified instructors will outfit you with your diving gear and then accompany you into shallow water for some practice time, allowing you to acclimate yourself with your equipment and the underwater environment before setting off on your full dive. Your full dive will be at a maximum of 35 feet and last for approximately 30 - 45 minutes. The time will no doubt pass quickly as you explore the many incredible undersea wonders Cozumel has to offer, marveling at the awesome beauty of the impressive coral reefs and vibrant tropical fish. Returning to shore at the conclusion of your dive, you'll have a chance to shower and change before returning to the pier.

Please note: This tour is not available to guests who utilize a wheelchair, those with mobility concerns, heart problems, conditions or injuries that would prohibit jarring and bouncing, or keep someone out of the water, or pregnant women. No diving experience is necessary; however, participants should have basic swimming skills and must be at least 10 years old and weigh a minimum of 90 lbs. Anyone under 18 years of age must be accompanied by a parent or guardian. Comfortable, flat, walking shoes with a non-slip sole are strongly recommended as well as light clothing, a change of clothes, swimsuit, cap and sun protection. Diving equipment is provided. Tour participants taking part in any water activities do so at their own risk and responsibility and must sign a release form before being allowed to take part in the tour.

COZ-004 COZUMEL HIGHLIGHTS & SHOPPING

Duration: 4.00 Hrs **Tour Price:** \$0.00 **Retail Price:** \$99.00  **Date:** November 25, 2010 **Time:** 12:30 PM



This tour is perfect for those who wish to gain a good insight into the history and culture of Cozumel as well as take advantage of shopping in the downtown area with an experienced guide available to assist you with any questions.

Your exploration of this delightful island, which is considered by many to be Mexico's most popular cruise ship destination, begins with a scenic drive that takes you to El Cedral, your first stop. Once a bustling hub of Maya life, it is recognized as the first site found by the Spanish explorers in 1518. While many of the original buildings have been destroyed or fallen to ruin, it is still a fascinating place to visit to this day.

Next, you'll travel around the southern tip of the island, viewing the famous untamed beaches and crystalline waters that have added to Cozumel's allure as a top vacation spot. Here on the eastern side of the island is where you will find El Mirador, well known for its distinctive limestone formation and natural arches that have been carved by the pounding waves. A brief stop here will allow you to take some wonderful photos of this dramatic spot, where the aquamarine waters churn against the jagged rocks and send plumes of spray into the air.

On your way back to town, you'll pay a quick visit to a working tequila hacienda and learn about the processing of Mexico's ancestral drink while enjoying a sample of tequila. Arriving in the downtown area, tour participants have the option of an escorted tour of Cozumel's noteworthy historical museum before venturing on their own for shopping, or forfeiting the museum visit for added shopping time. A tour guide will be available at a designated downtown location to assist with any questions or give directions. Following your shopping time, you'll rejoin your coach and transfer back to the pier. Those who desire to extend their time in town may return to the ship at their leisure and at their own expense.

Please note: This tour includes limited walking over mostly flat surfaces; however, there are some steps to negotiate and uneven surfaces at El Mirador. The coaches are not wheelchair accessible and guests must be able to get themselves on and off the coach as the driver and guide are not able to provide assistance. Therefore, this tour may not be suitable for guests who utilize a wheelchair and those with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Light clothing, a cap, sunglasses and comfortable walking shoes are recommended.

COZ-001 JUNGLE ATV ADVENTURE

Duration: 3.00 Hrs

Tour Price: \$0.00

Retail Price: \$99.00



Date: November 25, 2010

Time: 01:00 PM



This unique, high-adrenaline ATV adventure tour takes you on a trek through the Cozumel jungle to the ancient holy grounds where local Mayan Indians dwelled over a thousand years ago.

A brief drive from the pier brings you to the jungle Welcome Station where your single-person, 250cc ATV is waiting for you. Following a short safety briefing, you'll don your helmet, goggles and complimentary bandana before taking off with your guide for a thrilling journey down narrow, winding jungle paths that have been carved through the lush tropical vegetation. Along your route, you'll no doubt also encounter a variety of local birds and other native creatures, such as the island's colorful iguanas. Arriving at the partially excavated Mayan site, your experienced guide will share with you some of the history of this fascinating, long-abandoned civilization. Gazing upon these remarkable temples that were left to ruin while the surrounding land surrendered to the jungle, you can feel the essence of the ancient Mayan spirits still lingering today. A brief rest stop will be made during your tour of the ruins with bottled water available. After completing your exploration, your guide will lead you back to the Welcome Station where you'll rejoin your coach for the return transfer to the pier.

Please note: The ATV portion of the tour travels over bumpy and uneven ground and goggles and a helmet must be worn at all times. The track can also become very dusty and/or muddy. This tour is not available to guests who utilize a wheelchair and those with mobility concerns, heart problems, asthma, epilepsy, recent back or neck injuries, conditions or injuries that would prohibit jarring and bouncing, or pregnant women. No one under the influence of alcohol or drugs may operate the ATV vehicle. Comfortable, flat shoes with closed-toes must be worn - no sandals are allowed. Light, comfortable clothing, cap, sunglasses and long pants are recommended as well as sun protection and insect repellent. Minimum age to operate the vehicle is 16 years old and all tour participants must bring a valid drivers' license and sign a release form before being allowed to operate the ATV. Maximum weight limit for the ATV's is 364 lbs.

COZ-003 BEACH SNORKEL EXPERIENCE

Duration: 2.00 Hrs

Tour Price: \$0.00

Retail Price: \$89.00



Date: November 25, 2010

Time: 01:00 PM



Known as one of the world's premier snorkeling locations, Cozumel offers a variety of environments to choose from. This tour is designed to give even those snorkeling for the first time, a fun and secure experience.

Departing from the pier, you'll be transferred to the snorkeling site a short distance away and meet your PADI certified guide. After receiving information on how to use your gear and how to go about snorkeling, they will guide you into the water via a staircase that allows for easy access into and out of the ocean. The depths at this site vary between 3 to 20 feet of water and you are allowed to proceed solely at your own pace and comfort level. Your snorkeling experience will last approximately one hour, during which time you will be able to enjoy spectacular views of the coral formations and colorful tropical fish that distinguish this as one of Cozumel's renowned reefs.

Before being returned to the pier, some free time to relax and shower will be provided.

Please note: This tour is not available to guests who utilize a wheelchair, those with mobility concerns, heart problems, conditions or injuries that would prohibit jarring and bouncing, or keep someone out of the water, or pregnant women. Participants should have basic swimming skills and must be at least 8 years old. Anyone under 18 years of age must be accompanied by a parent or guardian. Comfortable, flat, walking shoes with a non-slip sole are strongly recommended as well as swimsuit, cap, sunglasses and sun protection. Snorkeling equipment is provided. Tour participants taking part in any water activities do so at their own risk and responsibility and must sign a release form before being allowed to take part in the tour.

COZ-005 SPEED BOAT ESCAPE & BEACH EXPERIENCE

Duration: 4.00 Hrs

Tour Price: \$0.00

Retail Price: \$149.00



Date: November 25, 2010

Time: 01:00 PM



If you are looking for something truly out of the ordinary that offers both a high impact and high adrenaline experience, you won't want to miss this tour!

Departing from the pier, it's a short transfer to Barracuda Beach where your speed boat awaits. After receiving a full orientation on how to operate your boat, the safety equipment and safety procedures, you'll have the opportunity to take the wheel of a 14', two-person, V-hull boat. As you journey across Cozumel's magnificent turquoise waters, you'll pass stretches of sugar-white beaches, hidden lagoons and native wildlife. Dependent upon weather and sea conditions, you'll spend just over an hour on an exhilarating adventure that has you speeding over the surface of the water, testing your skills while enjoying the incredible scenery of this island paradise.

Returning to the beach, time is provided for you to either, relax under a beach umbrella, bask in the warm sunshine, swim in the clear blue ocean or perhaps join in a game of friendly beach volleyball. A tasty lunch of local favorites will be provided before it's time to return to the pier.

Please note: This tour is not available to guests who utilize a wheelchair, those with mobility concerns, heart problems, recent back or neck injuries, conditions or injuries that would prohibit jarring and bouncing, or pregnant women. Two guests must share the speed boat. Comfortable, flat shoes with a non-slip sole are strongly recommended as well as swimsuit, hat, sunglasses, change of clothing, towel and sun protection. Guests are required to wear life jackets the entire time they are in the boats. Minimum age to participate in the tour is 6 years old and minimum age to operate the vehicle is 18 years old. Guests must also sign a release form before being allowed to participate in the tour and anyone under the age of 18 years old must be accompanied by a parent or guardian. Guests taking part in any water activities do so at their own risk and responsibility.

COZ-007 ISLAND TOUR & FOLKLORE

Duration: 3.50 Hrs

Tour Price: \$0.00

Retail Price: \$99.00

Date: November 25, 2010

Time: 01:00 PM



Discover Cozumel's colorful past and charming present on this delightful half-day tour.

Your guide will greet you on the pier and then you will board your coach for a scenic drive around the island of Cozumel, one of Mexico's most popular tourist destinations and its largest inhabited island. As you make your way around the island, your guide will provide you with an informative narration of the island's history and point out places of interest.

Your first stop is at the oldest settlement on the island, El Cedral. During your stop you will learn about the ancient history of the Mayan culture that first inhabited this tiny village and how in later years, this was the site of the first Catholic service held in Mexico.

Continuing on, you will make your way around the southern tip of the island to the eastside, enjoying picturesque views of pristine, untamed beaches while on your way to El Mirador. A stop at this popular natural limestone formation allows you an opportunity to stretch your legs and take some photos of the striking coastline and rock formations.

Your journey then brings you back into town to the Tequila Museum. During your visit, you will be treated to a sampling of traditional folkloric dances, performed by professional artists in full costume. You may also choose to either view Cozumel's tequila museum with your guide or have some free time here to explore at your own pace. Following your time here, you are given the option of returning to the ship on the coach, or staying behind in town and returning at your leisure and your own expense.

Please note: This tour includes minimal walking over mostly even surfaces; however, there are uneven limestone surfaces at El Mirador which can be slippery. The tour is not available to guests who utilize a wheelchair and those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Light weight clothing, comfortable, flat walking shoes, sun caps, sunglasses and sunscreen are suggested. The order of the sites visited or viewed may vary.



Seated



Light Activity



Extreme Walking or Long Tours



Most Active Tours



Meal Included

COZ-006 ATV & BEACH ADVENTURE

Duration: 4.00 Hrs

Tour Price: \$0.00

Retail Price: \$99.00



Date: November 25, 2010

Time: 02:00 PM



This tour combines the exhilaration of an exciting off-road ATV trek along with a relaxing beach break.

Leaving the pier, you will transfer to the Welcome Station where you will receive a safety briefing, instructions on how to operate the ATV and practice on a short driving course. Following that, you will climb aboard your ATV and set off on a course that has you winding your way through the off-road paths found on the north side of the island. After approximately 1 hour traversing the wild and natural paths, you will find yourself at the beach where a welcoming sea breeze and the sparkling waters of the ocean await you.

The fun doesn't end here as you are invited to take part in a Mexican-style buffet lunch and then take advantage of everything this beautiful beach has to offer. It's your choice to sit and relax in one of the lounge chairs soaking up the sun, or take a dip in either the clear waters of the sea or the available swimming pool. The more energetic may even want to start-up a friendly game of beach volleyball.

Following lunch and your beach break, you will transfer back to the pier .

Please note: This tour travels along 4WD tracks for approximately 60 minutes and navigates over rocky and uneven terrain. The tour is not available to guests who utilize a wheelchair, pregnant women, guests with heart, back, or neck ailments, or those with mobility concerns. It is not recommended for those who suffer from motion sickness. Light-weight cotton clothing, hat, sunglasses, sunscreen and insect repellent are recommended. Flat, closed-toe shoes are required and guests wishing to swim should bring a swimsuit, towel and change of clothes. It is possible the tracks may be muddy and your clothing become soiled as a result. A helmet and goggles are provided and are mandatory to wear along the trails. Participants may also wish to bring some cash for incidentals. Due to the adventurous nature of this excursion, participants will be asked to sign a waiver. Participants taking part in any swimming activities do so at their own risk and responsibility and the consumption of alcohol before any water activity is strongly discouraged and not recommended. Minimum age for participation is 16 years old with a valid driver's license and participants 16-18 years of age must be accompanied by a parent or guardian. Restrooms and showers are available at the beach site.



Seated



Light Activity



Extreme Walking or Long Tours





Most Active Tours



Meal Included

❖ BELIZE CITY, BELIZE

BZE-007 LAMANAI MAYAN RUINS AND NEW RIVER CRUISE

Duration: 7.50 Hrs **Tour Price:** \$0.00 **Retail Price:** \$119.00   **Date:** November 26, 2010 **Time:** 09:00 AM



Explore the splendid birds, wildlife and Lamanai Mayan ruins during this memorable cruise along the New River.



Depart the pier for the 45-minute drive on the Northern Highway en route to Tower Hill. Upon arrival, you will embark a riverboat for the scenic ride up the New River. While traversing the many little creeks and lagoons, you may spot some of the local birds and wildlife, including hawks, kites, falcons, jacanas and crocodiles.

At the entrance to the New River Lagoon, the ruins of Lamanai (Mayan for submerged crocodile) will rise into view. While touring this site, you will see masks depicting dead rulers and gods materialize from the rainforest, and hear the chatter of birds and the haunting call of the howler monkeys. Your guide will point out the copal and ramon trees, which were of great importance in ancient times.

Following your riverboat tour, you will re-board your coach for the return drive to the pier.

Please note: This tour involves approximately 1.5-2 miles of walking over uneven paths and inclines. This tour is not recommended for guests with limited mobility or guests who utilize a wheelchair. Guests are advised to wear long pants, comfortable shoes, sunscreen, a hat, sunglasses, and insect repellent. A picnic-style buffet lunch is included. As the boat ride can be quite breezy, a windbreaker is recommended.

BZE-006 CAVE TUBING AND JUNGLE WALK

Duration: 6.00 Hrs **Tour Price:** \$0.00 **Retail Price:** \$119.00   **Date:** November 26, 2010 **Time:** 09:15 AM



Experience the uniquely-diverse topography of Belize during this memorable cave tubing and jungle walk at the Caves Branch River.


Depart the pier with your guide for the 1-hour drive on the Western Highway en route to the Caves Branch River. This river winds through the Maya Mountains and numerous ancient caves once inhabited by the Maya. Upon arrival at Jaguar Paw, your headquarters for the day, you will begin a 45-minute hike down a jungle trail. Along the way, your guide will point out various plants, roots and herbs once used by the ancient Maya for medicinal purposes.

The entrance tunnel that leads into the underground cave system will be the start of your adventure. After your guide hands out headlamps, you will float in an inflated inner tube as the gentle current takes you on a 2-hour journey through the cave system. Intricate crystalline formations line the cave, and you will see plenty of stalagmites and stalactites. On several occasions, you will emerge into the sunlight, only to enter another cave system. At the end of your inner tube tour, a lunch consisting of freshly-prepared chicken with rice and beans will be served.

After lunch, you will re-board your coach for the 1-hour return drive to the pier.

Please note: The drive from the pier to Jaguar Paw is approximately one hour in each direction. As this tour involves travel over uneven and bumpy roads, guests with back and/or neck problems are discouraged from participating. This tour is not recommended for guests with limited mobility or guests who utilize a wheelchair. Guests are advised to wear a swimsuit under a cover-up, t-shirt, shorts, water shoes or tennis shoes they won't mind getting wet, and bring a towel from the ship. A change of clothes and shoes is also recommended. All guests participating in this tour will be required to fill out a liability waiver. Guests must be at least 12 years old to participate in this tour. The cave system and its waterways may cause claustrophobia and panic in a very small percentage of guests. Guests must carry their own tube during the hike.

BZE-005 ROBINSON CRUSOE'S JUNGLE SURVIVAL ADVENTURE

Duration: 4.50 Hrs **Tour Price:** \$49.00 **Retail Price:** \$199.00  **Date:** November 26, 2010 **Time:** 09:30 AM

Learn all of the skills necessary to stay alive if you are lost in the rainforest during this memorable jungle survival adventure in Belize.

Depart the pier for the drive into the Belizean jungle. Upon arrival, your guides will teach you a wide array of ingenious jungle survival skills and the secrets of managing this kind of a situation. First, you will learn how to make fire using only a machete and a piece of bamboo. Next, you will learn to identify sources of water, and how to extract it. You will also see jungle traps in action as they ensnare your food supply.

Afterward, you will visit Robinson Crusoe's jungle-style dwelling, which was built from all-natural materials that include vines, branches and the bark of various trees. Your tour will conclude with a visit to the caves once used by the ancient Maya, and optional rappelling from the cave site.

Please note: Guests are advised to wear long pants, hiking shoes, sunscreen and insect repellent. A walking stick and water carrier will be provided. Participants must be at least ten years old. This tour is not recommended for guests with limited mobility or guests who utilize a wheelchair.

BZE-002 AIRBOAT ADVENTURE AND BELIZE CITY TOUR

Duration: 2.50 Hrs **Tour Price:** \$0.00 **Retail Price:** \$99.00 **Date:** November 26, 2010 **Time:** 10:00 AM



Experience the scenic beauty of Belize and the Almond Hill Lagoon during this memorable Chukka/Bakabush Adventure.

Depart the pier for the drive through Belize City. En route, your guide will inform you about the city's rich history, from its establishment by shipwrecked British sailors in 1683 to present day. Upon arrival, you will pass by Saint John's Cathedral, Central America's oldest cathedral, along with many other interesting sites.

Next, you will proceed to the Airboat Outpost, situated on a waterway leading to the Almond Hill Lagoon. Upon arrival, you will receive a short orientation and safety briefing under a Mayan thatched palapa long house before boarding your 450 horsepower airboat. You will then ride through a waterway at speeds over 40 m.p.h. en route to the manatee grounds in the beautiful Almond Hill Lagoon. Upon arrival, your captain will cut the engine and quietly drift in search of the docile and shy manatees that frequent the area.

Afterward, you will speed up again for the ride across the lagoon towards Indian Creek. You will then ride along the pristine mangrove-lined open marshland in water only inches deep. Along the way, you will see beautiful water lilies, many colors and varieties of wading birds, turtles and maybe even a crocodile.

Following your visit, you will speed back across the Almond Hill Lagoon en route to the Airboat Outpost. Upon arrival, some time will be made available to relax with a cool complimentary drink and purchase an authentic Belizean souvenir before you are transferred back to the pier.

Please note: Guests are advised to wear sunscreen and sunglasses. Participants must be at least six years of age and accompanied by a parent.

BZE-003 THE LOST WORLD CANOPY AND RAPPELLING TOUR

Duration: 5.50 Hrs

Tour Price: \$0.00

Retail Price: \$119.00



Date: November 26, 2010

Time: 10:00 AM



Experience the excitement of a canopy tour and discover the Lost World Cave during this exhilarating Chukka/Bakabush Adventure.

Depart the pier for the scenic 1.5-hour drive to Big Hill Station. En route, your guide will inform you about Belize's history, people and culture. Upon arrival, a brief rest stop will be made before continuing your drive across the Savannah Pine Ridge, and into the pristine interior of the Belizean jungle. After arriving at a small clearing in the dense forest, you will take a short walk through the thatch-covered bridge, and enter a cavernous tunnel leading to a primeval rainforest encircled by creviced rock walls more than 100 feet tall. These walls are home to many creatures of the night, including bats.

This is where your canopy tour of the Lost World Cave will begin. Your guide will meet your arrival, then provide you with a safety briefing and the equipment you will need for your walk through the treetops. You will then begin the first of five traverses ranging from 105-500 feet apart in distance, and proceed across the fallen ceiling of this enormous open-air cave. The walk to the first platform will take you through a giant doorway to the cave, then a 50-foot-long tunnel where, upon exiting, you will walk to the top of the rim of the cave.

Next, you will glide from platform to platform above the floor of this densely-populated forest, as sunlight peeks in from above the rim of the cave. The platforms are perched on the inside face of this open-air crater, and add to the excitement of this experience. The last traverse will end on a rock shelf protruding from the side of the large tunnel-like entrance into the main Lost World Cave. From this vantage-point, your tour will conclude with an exciting rappel to the jungle floor.

Following your canopy tour, you will re-board your coach for the return drive through the jungle to Big Hill Station. Upon arrival, a brief stop will be made before returning to the pier.

Please note: This tour involves strenuous travel through and above jungle terrain, and is only recommended for active guests in good physical condition. This tour is not recommended for guests with limited mobility or guests who utilize a wheelchair. Guests are strongly advised to wear comfortable clothing, closed-toe shoes or sneakers they won't mind getting dirty, sunscreen and insect repellent. Guests should also bring a small backpack or fanny-pack, as they must be able to carry everything they bring with them throughout the entire tour, and have both hands free at all times. Guests may wish to bring cash to purchase photos or tip the guide. No food is included; however, snacks may be purchased on this tour.

BZE-004 RAIDERS OF THE LOST MAYAN CAVES

Duration: 6.00 Hrs

Tour Price: \$0.00

Retail Price: \$119.00



Date: November 26, 2010

Time: 10:00 AM



Experience the thrill of discovering the secret Mayan underworld during this action-packed and exhilarating Chukka/Bakabush Adventure in the Belizean jungle.

Depart the pier for the 75-minute drive to the Big Hill Station, where a brief stop will be made before proceeding to the jungle base camp. Upon arrival, you will receive your safety briefing, helmet, harness, gloves, and headlamp from your guide before commencing your hike through the dense jungle in search of the Dragon's Mouth, the ceremonial entrance into the Mayan underworld. Your guide will then lead you through a maze of multi-chambered caves filled with magnificent formations, geological wonders and Mayan ceremonial history. Along the way, you will crawl through small openings that reveal hollowed ceremonial chambers displaying Mayan artifacts used in their ancient rituals centuries ago.

Next, you will connect your safety line and explore the upper layers of your subterranean abyss before rappelling 20 feet down a rock face. Upon landing, you will re-enter the cave and continue your quest. You will climb over rocks, trek through underground waterholes (during rainy season) and navigate narrow passages. A 300-foot traverse, or zip-line, will then take you from the exit of a cave filled with protruding stalactites and stalagmites over the jungle floor. From here, you will navigate your way through a network of pillars on swinging rope bridges, then propel out of the mouth of the cave on an inclined traverse, and down to a jungle trail. Upon reaching the trail, you will take a brief hike back to your mini-bus and head back to Big Hill Station.

After a barbecue lunch back at Big Hill Station, you can purchase some photos and souvenirs before re-boarding your coach for the 75-minute return drive to the pier.

Please note: This tour involves strenuous travel through and above jungle terrain, and is only recommended for active guests in good physical condition. This tour is not recommended for guests with limited mobility or guests who utilize a wheelchair. Participants must be at least 12 years of age. The maximum weight to participate in this tour is 275 pounds. Guests are strongly advised to wear loose, comfortable long pants, a long-sleeve shirt (recommended but not required), sunscreen, and closed-toe hiking shoes or tennis shoes (no flip-flops allowed). Helmets, harnesses, gloves, and headlamps will be provided.



Seated



Light Activity



Extreme Walking or Long Tours



Most Active Tours



Meal Included

BZE-001 ABSOLUTE PARADISE

Duration: 4.00 Hrs **Tour Price:** \$0.00

Retail Price: \$99.00



Date: November 26, 2010

Time: 01:00 PM



Explore the undersea beauty that lies beneath the warm, turquoise waters off Rendezvous Caye during this visit to the world's second-largest barrier reef.


Depart the pier for the 35-minute boat ride to Rendezvous Caye. Along the way, your snorkeling guides will provide you with your safety instructions and equipment required for exploring the reef. After dropping anchor, you will enter the waters off Rendezvous Caye on the world's second largest barrier reef, a World Heritage Site. While you are snorkeling, you will experience a myriad of vibrant underwater sea life that includes coral, sea fans, sea urchins and an endless number of colorful reef fish. On occasion, manta rays have been spotted in this vicinity.

Following your snorkeling adventure, some free time will be made available to relax in the shade of the coconut palms at Rendezvous Caye, or soak up the sun on the beach of this cozy reef island before returning to the pier.

Please note: Guests are advised to wear a swimsuit under a cover-up, sunscreen, a hat, sunglasses, and bring a towel from the ship.

❖ SANTO TOMAS DE CASTILLA, GUATEMALA

STC-004 COUNTRYSIDE AND RIO DULCE BY LAND

Duration: 4.50 Hrs **Tour Price:** \$0.00 **Retail Price:** \$119.00  **Date:** November 27, 2010 **Time:** 08:00 AM



Explore Guatemala's scenic beauty and storied past during this orientation tour through the Motagua Valley, and a visit to the 17th-century Castle of San Felipe.

Depart the pier for the drive through the scenic Motagua Valley. Along the way, you will see an abundance of lush tropical vegetation in the countryside. Upon arrival at the bridge over the Rio Dulce, a stop will be made for spectacular views and photo opportunities of Lake Izabal and Rio Dulce National Park, a protected area and one of the most important ecological reserves in the country. From this vantage-point, you will also see Guatemalan weekend homes, marinas and small hotels dotting both sides of the river and lake.



On Lake Izabal, you will find the tiny Castle of San Felipe, or Castillo de San Felipe, the Spanish fort built to protect the Rio Dulce from invading pirates. You will then take a brief boat ride to the castle for an inside visit. Located just minutes from the bridge, the Castle of San Felipe was built during the 17th century in honor of the Spanish King Felipe II. The fort, with its powerful battery of cannons strategically positioned at the entrance to Lake Izabal, offered protection to Spanish ships crossing its waters, and transporting products and supplies to and from Spain and Havana. Its walls offered protection from pirates that used to navigate the river and attack the boats they encountered along the way.

In 1686, a pirate assault burned most of the fort, and the attacks continued until a series of treaties were signed between Spain and England. As a result, the Castillo lost its importance as a defensive fort, and was converted into a prison. It was later abandoned, and fell into a state of disrepair until its renovation by Architect Francisco Ferrus in 1955. Although rebuilt based upon its original plans, the Castle of San Felipe still retains two cannons dating back to the 1790s, and a pair of 400-year-old towers.

Following your tour, you will proceed to the Catamaran Hotel for refreshments before returning to the ship.

Please note: Wear long pants and a long-sleeved shirt, and bring sunscreen a hat, sunglasses and insect repellent from the ship. Guides will assist guests embarking the boats, but guests must be able to step into and out of the boat on their own; a challenging feat during low tide.

STC-006 ECO-HIKE AT HACIENDA TIJAX

Duration: 7.50 Hrs **Tour Price:** \$99.00 **Retail Price:** \$199.00   **Date:** November 27, 2010 **Time:** 08:00 AM

Experience the beauty of Guatemala's rainforest in a unique new way during this memorable eco-hike at the Hacienda Tijax.

Depart the pier for the drive through the scenic Motagua Valley. Along the way, you will see lush tropical vegetation in the countryside. Upon arrival at the bridge over the Rio Dulce, a stop will be made for spectacular views and photo opportunities of Lake Izabal and Rio Dulce National Park, a protected area and one of the most important ecological reserves in the country.

Next, you will embark a small boat for the transfer to nearby Hacienda Tijax, an actual preserved rainforest. A staff member will greet your arrival, then lead you on a walk along elevated cable bridges that rise up to 60 feet high through the rainforest, and cross over crystal-clear natural springs and rivers. As you proceed along the elevated trails, you will learn about the natural products of the jungle, including gum, rubber, spices and medicinal plants. You will also take in splendid views of orchids and epiphytes throughout your 3.25-mile, round-trip journey.

Halfway through your walk, you will have an opportunity to climb the Observatory Tower for spectacular views extending along the river to the Castillo de San Felipe. The Tower of the Shaman at the top of the hill uses the ancient methods of directional construction. Utilized by the Maya for tracking sun and moon activity, it served as the basis of their baffling advancement in the areas of astronomy and calendar development.

A poolside barbecue will be served during the 1.5-hour lunch break, followed by some time to relax or swim in the pool. Time permitting, you may choose to take in one of the optional activities available for an addition charge, including horseback riding or kayaking.

Following your visit, you will re-board your boat for the return trip to the bridge, then be transferred back to the pier.

Please note: This tour involves a 3.25-mile hike. Wear long pants, a long-sleeved shirt and comfortable walking or hiking shoes, and bring sunscreen a hat, sunglasses and insect repellent from the ship. Guests wishing to swim should bring a swimsuit and towel from the ship. This tour is not recommended for guests with limited mobility or guests who utilize a wheelchair.

STC-005 QUIRIGUA ARCHAEOLOGICAL NATIONAL PARK

Duration: 4.50 Hrs **Tour Price:** \$0.00

Retail Price: \$119.00



Date: November 27, 2010

Time: 08:30 AM



Guatemala's stunning natural beauty is yours to discover during this scenic half-day journey to Quiriguá National Park, a UNESCO World Heritage Site.

Depart the pier for the 1.5-hour drive to Quiriguá National Park, located on the plains of the Motagua River. The longest river in the country, the Motagua was used by the Maya and served as one of their most important waterways. En route, a brief stop will be made to learn about Guatemala's banana industry, and take in scenic views and photographs of your surroundings.

Quiriguá was established in a fertile valley at the edge of the Motagua River between 250 and 550 AD. Once a magnificent Mayan city, Quiriguá is now an impressive archaeological site of the early Classic Period, and has been declared a UNESCO World Heritage Site. Stela E, the tallest stelae in the Mayan world, is found at this site.

Upon arrival at the Quiriguá National Park, you will take a 1.5-mile guided walking tour through the park. Along the way, you will take in spectacular views of the picturesque flora and fauna.

Following your visit, refreshments will be served before re-boarding your coach for the return drive to the pier.

Please note: The drive between the pier and Quirigua is approximately 1.5 hours in each direction. This tour involves a 1.5-mile walk over bumpy and uneven ground, and is not recommended for guests with limited mobility or guests who utilize a wheelchair. Wear long pants, a long-sleeved shirt and comfortable walking shoes, and bring sunscreen, insect repellent, a hat and sunglasses from the ship.

STC-002 VISIT TO Q'EQCHI INDIGENOUS RIVER COMMUNITY

Duration: 6.00 Hrs **Tour Price:** \$99.00

Retail Price: \$199.00



Date: November 27, 2010

Time: 08:45 AM

Discover the Mayan way of life along the Tatin River, and the generosity of the non-profit organization that made it all possible during this memorable visit to the Q'eqchi indigenous river community.

Depart the pier aboard a 30-passenger boat (fitted for 15), and proceed for the ride towards Rio Dulce, an area of exquisite natural beauty that serves as a sanctuary to a variety of aquatic birds and wildlife. Upon arrival, you will visit Ak' Tenamit, a Maya Q'eqchi community development located on the Tatin River.

Ak' Tenamit is a non-profit organization founded in 1992 by American visionary Steve Dudenhoefer. This successful volunteer-supported operation helps with the sustained development and recuperation of the Mayan culture within the Q'eqchi villages of Rio Dulce. Ak' Tenamit provides assistance to more than 9,000 people that were displaced as a result of land reform and violence stemming from the civil war of 1963-1996. These people have been relocated to 45 villages in this area.

Ak' Tenamit conducts programs on education, crafts, health, organic agriculture, eco-tourism, community development, gender equality, and more. Its headquarters is divided between the north side of the Rio Dulce Canyon, where the first school was built and a floating dental clinic is stationed, and the Tatin River, where an ecological footpath through the forest, arts and crafts shop, a restaurant and second school has been established. Ak' Tenamit uses computer-based tutorial learning to empower rural students to be successful in their own rural setting. During your visit, you will be served a local snack and have the opportunity to purchase souvenirs made by local artisans.

Next, you will continue across the river to the opposite bank, and sail past a mangrove lagoon and water lilies for an opportunity to learn how Q'eqchi villagers live. En route, you will see the headquarters on the north side of the Rio Dulce Canyon.

Following your visit, you will proceed to Livingston's Villa Caribe Hotel for lunch accompanied by a performance of Garifuna music and dancing. After lunch, you will embark the boat for the return ride to the pier.

Please note: This tour involves a 30-minute walk in the jungle. Embarking the small boats requires guests to be agile enough to bend and climb, and endure a bumpy boat ride. Guests may get wet during the boat ride. Wear long pants, a long-sleeved shirt and comfortable walking shoes, and bring sunscreen, insect repellent, a hat and sunglasses from the ship. This tour is not recommended for guests with limited mobility or guests who utilize a wheelchair.



Seated



Light Activity



Extreme Walking or Long Tours



Most Active Tours



Meal Included

STC-001 LAS ESCOBAS SPRINGS ADVENTURE

Duration: 3.25 Hrs

Tour Price: \$0.00

Retail Price: \$89.00



Date: November 27, 2010

Time: 09:30 AM



Explore the pristine natural beauty of the Cerro San Gil rainforest and the lifestyle of its local residents during this memorable journey to Las Escobas Springs.

Depart the pier aboard a local boat for the brief ride along the Santo Tomas Bay to the Green Bay Hotel. En route, you will take in spectacular views of the bay, and your guide will inform you about Guatemala and your surrounding habitat. Upon arrival at the hotel, you will disembark the boat at the hotel, then board your awaiting transport for the brief drive to the Las Escobas Springs Reserve.

Las Escobas is one of the two main rivers flowing from the Cerro San Gil, a 117,000-acre protected rainforest surrounded by mountains. The subject of intense study by renowned biologists, scientists, naturalists and ecologists, this thriving ecosystem is home to more than 400 bird species, as well as an abundance of reptiles, amphibious mammals and insects endemic to the region.

Upon arrival at the Las Escobas Springs Reserve, you will be welcomed by one of the reserve hostesses, then participate in a special educational program funded by FUNDAECO, a nature-preservation NGO that teaches students basic English language skills and incoming tourism services. During the program's 1.5-hour hike, several stops will be made for more detailed explanations and optional bathing in one of the puddles.

Following your hike, you will proceed to the community of Las Escobas, located just five minutes from the Las Escobas Springs Natural Reserve. Here, you will have an opportunity to interact with the local people, experience their daily lives and participate in a tortilla-making demonstration.

Afterward, you will be transferred back to the Green Bay Hotel for a brief stop with some time to relax with a complimentary drink. For an additional fee, you may choose to stay in the hotel for as long as you wish. Following your visit, you will be transferred back to the pier.

Please note: This tour involves a leisurely walk of approximately 1 mile over uneven ground, and is not recommended for guests with limited mobility or guests who utilize a wheelchair. Wear long pants, a long-sleeved shirt and comfortable walking shoes, and bring sunscreen, insect repellent, a hat and sunglasses from the ship. Guests wishing to swim should wear a swimsuit under a cover-up, and bring a towel from the ship. Guests must be at least 21 years of age to be served alcoholic beverages.

STC-003 AMATIQUE BAY RESORT

Duration: 5.50 Hrs

Tour Price: \$0.00

Retail Price: \$99.00



Date: November 27, 2010

Time: 10:00 AM



Relax, unwind and take in the spectacular beauty of one of Central America's finest resorts during this memorable visit to Guatemala's Amatique Bay Resort.

Depart the pier via panga boat to the Amatique Bay Resort. Considered a Central American five-star mega-resort, the Amatique Bay Resort features a botanical garden surrounded by Mayan archaeological sites, exotic landscaping, and a wide array of lush flora and fauna. Upon arrival, you can use your time at the resort to relax and unwind at your leisure. You can sunbathe or swim at the pool with wet bar and water slides, explore the private beach, butterfly and turtle gardens, visit the Jade Museum, shop for souvenirs, and join in an invigorating game of beach volleyball or soccer. A barbecue buffet lunch will be served during your visit. Options available for an additional fee to be paid at the resort include bicycles, pedal boats, kayaks, banana boats, parasailing and golf carts. Following your visit, you will return to the pier via panga boat at your leisure.

Please note: Wear a swimsuit under a cover-up, and bring biodegradable sunscreen, a hat, sunglasses and a towel from the ship. Drinks are not included, but can be purchased at the resort.



Seated



Light Activity



Extreme Walking or Long Tours



Most Active Tours



Meal Included

❖ COSTA MAYA, MEXICO

CMA-012 DISCOVER SCUBA & MAHAHUAL BEACH EXPERIENCE

Duration: 3.50 Hrs

Tour Price: \$99.00

Retail Price: \$199.00

Date: November 28, 2010

Time: 08:00 AM

This excursion is ideal for beginning or non-certified divers who want to experience the wonders of scuba diving in one of the Caribbean's most beautiful diving destinations.

Depart the pier for the brief transfer through the town of Mahahual to the eco-friendly dive center. Upon arrival, you will be outfitted with scuba gear and given an introductory scuba diving lesson. You will then embark a dive boat, and ride to shallow waters to practice your newly-acquired skills. Once comfortable, you will progress from the shallows to one of our many beautiful dive sites and take a guided tour of the Meso-American Barrier Reef. The area of the reef you will visit is renowned for its healthy and pristine coral, and breathtaking reef formations that form massive ledges and swim-throughs. Common marine life experienced on these dives include turtles, lobsters, stingrays, eels, king crabs, barracuda, and dolphin, as well as a variety of tropical reef fish that include damsels, butterfly fish, pork fish, parrot fish, schools of Creole wrasse and blue tangs.

At the conclusion of your dive, you will opt to return to the ship, or stay and experience the local culture and beautiful beaches of Mahahual. Once a fishing village, Mahahual is now a small town thriving with wonderful beachfront shops, restaurants, bars, arts and crafts booths, and more. Whether you are interested in diving, shopping, dining, water sport activities or a relaxing massage on the beach, you will find it in Mahahual. If you choose to stay in Mahahual after the dive excursion, you will be responsible for your own transportation back to the ship, so please be aware of the all-aboard ship time. Taxis are abundant, and will return you to the ship.

Please note: This tour is only recommended for active guests in good physical condition. This tour is not recommended for guests with limited mobility and guests who utilize a wheelchair. All participants will be required to sign a liability waiver. Children must be at least ten years of age and accompanied by a parent to participate on this tour. Guests are advised to wear a swimsuit under a cover-up, sunscreen, a hat and sunglasses, and bring a towel from the ship. This tour may not be exclusive to RSSC guests.

CMA-013 TWO-TANK CERTIFIED SCUBA DIVE

Duration: 4.00 Hrs

Tour Price: \$99.00

Retail Price: \$199.00

Date: November 28, 2010

Time: 08:00 AM

Until recently, Costa Maya, or Mahahual, was an undiscovered fishing village. Today, it is rapidly becoming one of the hottest dive spots in the dive community.

Your excursion begins from the pier with a short ride through the town of Mahahual to the eco-friendly dive center. After embarking one of the custom-made dive boats, you will maneuver through the unique local reef corridors en route to the magnificent Meso-American Barrier Reef; the largest barrier reef in the Northern Hemisphere. This particular area is renowned for its healthy and pristine corals, and breathtaking reef formations that form massive ledges and swim-throughs. Upon arrival, you and your guide will explore the marine life commonly experienced here, including turtles, lobsters, stingrays, eels, king crabs, barracuda, nurse sharks, and dolphin. You will also see a variety of tropical reef fish, including damsels, butterfly fish, pork fish, parrot fish, schools of Creole wrasse and blue tangs.

At the conclusion of your dive, you will opt to return to the ship, or stay and experience the local culture and beautiful beaches of Mahahual. Once a fishing village, Mahahual is now a small town thriving with wonderful beachfront shops, restaurants, bars, arts and crafts booths, and more. Whether you are interested in diving, shopping, dining, water sport activities or a relaxing massage on the beach, you will find it in Mahahual. If you choose to stay in Mahahual after the dive excursion, you will be responsible for your own transportation back to the ship, so please be aware of the all-aboard ship time. Taxis are abundant, and will return you to the ship.

Please note: This tour is only recommended for active guests in good physical condition. You must present your dive certification card, and show proof that you have dived within the last two years. All participants must complete a liability waiver, and fulfill all medical requirements. If you have not dived in the last two years, you may want to take a refresher course before your cruise, or select Discover Scuba instead. Guests are advised to wear a swimsuit under a cover-up, sunscreen, a hat and sunglasses, and bring a towel from the ship. Children must be at least 12 years old and accompanied by a parent or guardian to participate on this tour. This tour may not be exclusive to RSSC guests.



Seated



Light Activity



Extreme Walking or Long Tours





Most Active Tours



Meal Included

CMA-005 KOHUNLICH MAYAN RUINS

Duration: 7.50 Hrs **Tour Price:** \$0.00 **Retail Price:** \$149.00   **Date:** November 28, 2010 **Time:** 08:30 AM



This tour allows you a more extensive look at the magnificent, multileveled, famous Mayan ruin best known for its Temple of the Masks.

Begin your excursion at the pier and travel with your guide to the Kohunlich ruins. Along the way, you will learn about the site and the history of this fascinating area. Upon arrival, you will embark on a guided exploration through this breathtaking site that is named after the majestic cagoon palm tree that grows fronds up to 40-ft. tall. The park-like setting includes a sunken palace, acropolis, ball court and courtyards but the main attraction is the masks!

Take the opportunity to climb the pyramid-like temple to get a great view of the unique 10-ft. high sculpted masks of the Sun God "Kinich Ahau" that run up each side of the stairways. Built before 500 A.D., these marvelous masks still retain some of their original colored stucco. Kohunlich's broad range of architecture, natural beauty and expansive, uncrowned seclusion set it apart from the more widely toured sites.

After a visit of approximately 2 1/2 hours, you will rejoin your coach and make your way to the Lagoon Club for a tasty lunch of regional favorites before returning to the pier.

Please note: This tour includes a considerable amount of walking over uneven and rough surfaces. Care should be taken as the surfaces can be slippery. The tour is not available to wheelchair guests and not considered suitable for those with mobility concerns. Flat, comfortable, closed-toe walking shoes; sun caps; sunglasses; sunscreen and insect repellent are suggested. There is a government tax of \$5-8 USD on the use of video cameras at the site. No tripods and/or professional video cameras are allowed. Flash photos are not allowed inside the ruins due to the delicate nature of the displays. No food is allowed in the ruins.

CMA-006 MINI JEEP RHINO ADVENTURE

Duration: 3.50 Hrs **Tour Price:** \$0.00 **Retail Price:** \$99.00   **Date:** November 28, 2010 **Time:** 08:30 AM



This fun-packed adventure begins at the pier where you are greeted by your guide and escorted to your awaiting two-person Rhino vehicle. Once you have received your safety briefing and instructions, it's time to hit the road and enjoy the complete blast it is driving these amazing all-terrain vehicles.

Your tour commences with a drive through Costa Maya town before heading out to the jungle trails where it's time to enjoy your Rhino in an exhilarating off-road environment. After the excitement of navigating the narrow, winding jungle trails, your guide will then lead the way to a beautiful secluded beach where you can enjoy a nice dip in the ocean or sit back and relax while taking in the view.

Leaving the beach, you will drive to Costa Maya's downtown area where you will park your vehicle and have approximately 45-minutes to enjoy the shops and restaurants of this colorful fishing village before it's time to return to the pier where your tour concludes.

Please note: This tour includes travel over bumpy and uneven ground. The tour is not available to wheelchair guests, guests with mobility concerns, recent back or neck injuries, heart conditions, epilepsy, diabetes, respiratory conditions or pregnant women. The trails can be very dusty or muddy. Flat, comfortable, closed-toe walking shoes; sun caps; sunglasses and sunscreen are suggested. Guest wishing to swim should bring a swimsuit and towel. A helmet and goggles are provided and must be worn at all times. Tour participants taking part in any water activities do so at their own risk and responsibility. The minimum driving age is 16 years old and those who wish to drive must bring a valid driver's license. No one under the influence of alcohol or drugs will be allowed to operate the vehicle. Minimum age to participate is 6 years of age and children under 18 must be accompanied by an adult parent or guardian. Maximum weight limit per person is 300 lbs. Participants will be required to sign a release form before being allowed to take part in this tour.

CMA-008 DUNE BUGGY JUNGLE & BEACH SAFARI

Duration: 3.50 Hrs

Tour Price: \$0.00

Retail Price: \$99.00



Date: November 28, 2010

Time: 08:30 AM



What could be more fun than experiencing Costa Maya in a custom-made Dune Buggy just like Joe-cool used in the late 60's. Enjoy the feeling of freedom as you drive down the coastline to your special beach getaway.

Your brand new open-top beach buggy awaits you at the pier and after a safety briefing, you will jump into your buggy and set off with your experienced guide leading the way. Your tour commences with a drive through the downtown area of Costa Maya where you will no doubt draw glances from everyone as you cruise on by. A short stop will be made in this colorful fisherman's village during which your guides will give you an orientation as to your location and a brief introduction to the area and points of interest.

Climbing back in your buggy, you will leave the village behind, all the while keeping your eyes open for rare birds and resident iguanas. An exhilarating off-road experience eventually brings you to a beautiful secluded beach where you will enjoy a 1-hour beach break. The beach features all the modern facilities and conveniences so you are invited to make the most of your time here. You can choose to simply relax and kick back on a hammock while enjoying a complimentary snack and soft drink, or stroll down the pristine beach and go for a swim in the inviting waters of the Caribbean Sea. Those who are seeking more activity can engage in a rousing game of beach volleyball.

Following your time at the beach, it's time to jump back aboard your buggy and make the return trek to the pier where your tour concludes.

Please note: This tour includes travel over bumpy and uneven ground. The tour is not available to wheelchair guests, guests with mobility concerns, recent back or neck injuries, heart conditions, epilepsy or pregnant women. Those with diabetes, respiratory conditions or on any form of Blood Pressure medication will not be permitted in the water at the beach. The trails can be very dusty or muddy. Flat, comfortable, closed-toe walking shoes; sun caps; sunglasses and sunscreen (biodegradable) are suggested. Guest wishing to swim should bring a swimsuit and towel. Tour participants taking part in any water activities do so at their own risk and responsibility. The minimum age to participate is 3 years old and the minimum driving age is 21 years old. Those who wish to drive must bring a valid driver's license and be able to drive a manual shift. No one under the influence of alcohol or drugs will be allowed to operate the vehicle. Infant car seats are available upon request. Children under 18 years of age must be accompanied by an adult parent or guardian. Participants may be required to sign a release form before being allowed to take part in this tour. While complimentary chips and salsa are available, additional food items are available at the beach at an extra cost. The cashier accepts only cash, either U.S. dollars or Mexican Pesos.

CMA-009 JUNGLE BEACH BREAK

Duration: 5.00 Hrs

Tour Price: \$0.00

Retail Price: \$59.00



Date: November 28, 2010

Time: 08:30 AM



Enjoy a day soaking up the sun at Costa Maya's most popular beach club on this tour. The best way to appreciate a day at the beach here is at this delightful Caribbean beach getaway that features an endless white-sand beach and amazing vistas of the aquamarine waters of the sea.

It's a short transfer from the pier to the picture perfect Uvero Beach Club. As you arrive, your hosts will give you a quick orientation of the area and the facilities that are available to you. Included in the cost of your tour is the open national bar, beach volleyball, beach chairs, animation/activities staff and kayaks. As you relax and unwind on this pristine beach, you will enjoy a sense of reassurance that you have made a great choice for your day in Costa Maya.

For an additional charge, you can enjoy a meal in the Beach Club's beautiful restaurant, avail yourself of some additional water sports (there is some good snorkeling straight off the beach), or pick up some souvenirs in the gift shop. Uvero Beach Club is truly a beach destination that offers all you could want.

Regular shuttle service operates back to the pier throughout the day, so you can stay for just an hour or two, or longer if you like.

Please note: The activity on this tour is mainly at the guest's discretion. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the transportation and have a companion to assist them. Flat, comfortable, walking shoes; swimwear; sun caps; sunglasses and sunscreen (biodegradable only) are suggested. Guest wishing to swim should bring a swimsuit and towel. Tour participants taking part in any water activities do so at their own risk and responsibility. Those under 18-years of age must be accompanied by an adult parent or guardian and are prohibited from consuming alcohol. Medical restrictions apply to those who wish to snorkel. Food items are available at the Beach Club at an extra cost. The cashier accepts only cash, either U.S. dollars or Mexican Pesos.

CMA-011 UVERO BOAT BLAST & SNORKELING ADVENTURE

Duration: 5.00 Hrs

Tour Price: \$0.00

Retail Price: \$99.00



Date: November 28, 2010

Time: 08:30 AM



Never captained a boat before? No problem! These two-seater speed boats are a breeze to operate amidst the favorable conditions of the Caribbean Sea and this tour is geared to deliver the ultimate ocean experience.

A short transfer from the pier brings you to the Uvero Beach Club where your adventure begins. Upon arrival, you will receive a safety briefing and be given all your snorkeling equipment, including a brand new snorkel tube for your hygiene. After being instructed on how to maneuver your boat throughout the tour, you will don your life vest, board your boat and glide out into the endless turquoise waters of the Caribbean Sea.

Blast across the ocean as your guide leads you along the coastline and eventually to one of the most vibrant reefs in the area. Once at the reef, you can enjoy 45-minutes of guided snorkeling along the reef edge, swimming amongst the colorful fish and corals in this underwater paradise. Here below the surface of the water, a wide variety of tropical fish, lobsters, starfish and anemones abound. Your PADI qualified guide will happily share with you what you will be observing and assist you as needed.

Following your snorkeling time, you will re-board your speedboat and travel back to the beach for the second half of your tour, which includes taking full advantage of Uvero Beach Club! Included in the cost of your tour is the open bar, beach volleyball, beach chairs, animation/activities staff and kayaks. Relax and unwind on this pristine beach, while you work on your tan. For an additional charge, you can enjoy a meal in the Beach Club's beautiful restaurant, avail yourself of some additional water sports (there is some good snorkeling straight off the beach), or pick up some souvenirs in the gift shop.

After a full day of fun in the sun, you will return to the pier and your waiting ship.

Please note: This tour requires a moderate amount of activity and participants should be in good physical condition and be able to swim. The tour is not available to wheelchair guests, guests with mobility concerns, recent back or neck injuries, heart conditions, epilepsy, diabetes, respiratory conditions, those on any form of blood pressure medication or pregnant women. Flat, comfortable walking shoes or aqua socks; swim suits; towel; a change of clothing; sun caps; sunglasses and sunscreen (biodegradable) are suggested. Snorkel gear is provided. Tour participants taking part in any water activities do so at their own risk and responsibility and will be required to sign a release form before being allowed to take part in the tour. Minimum age to participate is 8 years of age and children under 18 must be accompanied by an adult parent or guardian. The boat is self-drive and holds 2 guests per boat. Minimum age to drive the boat is 18 years old. Maximum combined weight limit for the boat cannot exceed 500 lbs. Food items are available at the Beach Club at an extra cost. The cashier accepts only cash, either U.S. dollars or Mexican Pesos.

CMA-014 ATV EXPLORER AND BEACH

Duration: 3.50 Hrs

Tour Price: \$0.00

Retail Price: \$119.00



Date: November 28, 2010

Time: 08:30 AM



Experience Mexico's rugged and picturesque coast in an exhilarating new way during this off-road expedition and beach break in Costa Maya.

After receiving your safety briefing, driving instructions, helmet and goggles, you will depart the pier in an automatic all-terrain vehicle for the drive to the wild and rugged jungle. Upon arrival, your guide will provide you with a safety briefing, off-road vehicle instructions, and helmets and goggles. Your guide will then lead you on the ride through the jungle where you will see exotic flora and fauna.

Next, you will exit the jungle for a scenic ride through Mexico's diverse topography, and along the Caribbean coast. You will then follow the spectacular blue-green waters to Explora Beach, where some time will be made available for you to lie in the white sand, take a refreshing dip in the sea, or explore the beach.

Following your visit, you will re-board your all-terrain vehicle for the return drive to the pier.

Please note: Guests must bring a valid driver's license, and be at least 18 years old to participate. As this tour involves travel over bumpy and dusty or muddy surfaces, guests with back and/or neck problems are discouraged from taking this tour. This tour is not recommended for guests with limited mobility and guests who utilize a wheelchair. Only one guest is permitted per off-road vehicle. The maximum weight is 290 lbs. to participate on this tour. Guests are advised to wear close-toed shoes (not sandals), a swimsuit under a cover-up, sunscreen, a hat, sunglasses, and insect repellent, and bring a towel and change of clothing from the ship. It is possible the tracks may be muddy and your clothing become soiled as a result. All guests must wear a helmet while riding on the all-terrain vehicle.

CMA-015 CLEAR KAYAK AND BEACH ESCAPE

Duration: 3.00 Hrs **Tour Price:** \$0.00 **Retail Price:** \$99.00   **Date:** November 28, 2010 **Time:** 08:30 AM



Experience the wonderful undersea world of the Caribbean from a unique vantage-point during this kayaking adventure in Costa Maya.

Depart the pier for the brief transfer to the sleepy Mayan fishing village of Mahahual, and its beautiful beach. Upon arrival, you will receive your instructions from your guide before climbing aboard your clear, two-seat kayak. As you paddle away from the scenic tropical shoreline and along the crystal-clear waters of the Caribbean Sea, you will observe wonderful views of a wide array of marine life thriving just beneath the surface.

Next, you will return to the white sands of the beach club, for some rest and relaxation. After a refreshing complimentary plate of fruit and a cold beer, you can do some shopping in the nearby stores, take a refreshing dip in the sea, or just relax beneath the shade of an umbrella and soak in your surroundings.

Following your tour, you will be transferred back to the pier and ship.

Please note: Wear your swimsuit under a cover-up, biodegradable sunscreen, a hat and sunglasses, and bring a towel from the ship. The total weight per kayak may not exceed 425 lbs. Children must be at least six years old to participate, and accompanied by a parent.

CMA-001 BEACH POWER SNORKEL

Duration: 4.00 Hrs **Tour Price:** \$0.00 **Retail Price:** \$79.00  **Date:** November 28, 2010 **Time:** 09:00 AM



Meet your guide on the pier and then set-off on the short drive to one of Costa Maya's best dive and snorkel sites. Upon arrival, you will receive your in-depth instructions on how to operate your Seadoo scooter and snorkel equipment by your certified dive master.

Once everyone is ready to go, it's off with your guide to enjoy the incredible views lying just below the water's surface. Your Aqua Scooter allows you to skim near the surface faster than you can swim and dive down to take a closer look. As you glide along on your guided tour, you will see sea fans, coral and an array of amazing marine life.

After an unforgettable snorkeling experience, you'll then have approximately 1-hour of free time to enjoy the beautiful and secluded beach. You can join in a game of beach volleyball, do some beachcombing, or simply relax in the sun and work on your tan before it's time to head back to the pier.

Please note: This tour requires a moderate amount of activity and participants should be in good physical condition and be able to swim. The tour is not available to wheelchair guests, guests with mobility concerns, recent back or neck injuries, heart conditions, epilepsy, diabetes, respiratory conditions or pregnant women. Flat, comfortable walking shoes or aqua socks; swim suits; towel; a change of clothing; sun caps; sunglasses and sunscreen are suggested. Snorkel gear (vest, snorkel, mask & fins) are provided. Tour participants taking part in any water activities do so at their own risk and responsibility and will be required to sign a release form before being allowed to take part in any snorkeling activities. Minimum age to participate is 12 years of age and children under 18 must be accompanied by an adult parent or guardian. Maximum weight limit is 240 lbs. Restrooms facilities and showers are available at the beach.

CMA-003 BEACH SNORKEL

Duration: 4.00 Hrs

Tour Price: \$0.00

Retail Price: \$69.00



Date: November 28, 2010

Time: 09:00 AM



This snorkeling adventure is the perfect tour for the beginner and intermediate snorkeler as you snorkel safely from the beach and progress only as you feel comfortable with your guide.

It's a scenic 50-minute drive from the pier to one of the newest destinations on the coast that was once reserved for the most ardent divers. Upon arrival at the beach, you will receive your snorkel gear and your P.A.D.I. certified dive guide will give you an in-depth briefing on how to use the gear and how to snorkel. There is also an interesting narration about the extensive infrastructure of the reef and beach.

Once you are ready, your dive guide will then help you into the water, which was designed to be easy access from the shore. The tour begins in the shallow areas where nature has provided a perfect refuge for young sea life. As you feel comfortable, you will then continue on to the nearby reefs to explore the natural beauty of this amazing eco-system. The tropical marine life is plentiful and will greet you as you enter the water with such species as parrotfish, butterfly fish, angelfish and an occasional glimpse of an eagle ray. Water depths will range from 3-15 feet.

After approximately 45-minutes, your tour of this incredible underwater garden is complete and you will exit at the beach entry point. There will be time allotted to freshen up and enjoy a cold drink before it's time to re-board your transportation and transfer back to the pier.

Please note: This tour requires a moderate amount of activity and participants should be in good physical condition and be able to swim. The tour is not available to wheelchair guests, guests with mobility concerns, recent back or neck injuries, heart conditions, epilepsy, diabetes, respiratory conditions or pregnant women. Flat, comfortable walking shoes or aqua socks; swim suits; towel; a change of clothing; sun caps; sunglasses and sunscreen are suggested. Snorkel gear (vest, snorkel, mask & fins) are provided. Tour participants taking part in any water activities do so at their own risk and responsibility and will be required to sign a release form before being allowed to take part in any snorkeling activities. Minimum age to participate is 12 years of age and children under 18 must be accompanied by an adult parent or guardian. Restrooms facilities are available at the beach.

CMA-007 CHACCHOBEN MAYAN RUINS

Duration: 4.00 Hrs

Tour Price: \$0.00

Retail Price: \$89.00



Date: November 28, 2010

Time: 09:45 AM



Explore the ruins of Chacchoben, "The Place of Red Corn", on this half-day tour that brings you to this fascinating ancient Mayan pilgrimage location.

Starting off from the pier, it's a pleasant 50-minute drive to the site, during which your local guide will share with you the interesting history and unique culture of the Mayans. Upon arrival, you will find yourself surrounded by the lush green jungle that still hides much of the complex and is home to a wide variety of wildlife, including howler monkeys and many species of exotic birds. Here, in this lush tropical setting, the excavated sacred temples and other structures will fill you with a sense of wonder as you picture how it must have looked centuries ago when it was a thriving cultural center for the Mayans.

During your escorted tour you will have a chance to see the original red paint on the stucco walls of one of the pyramids and the temple where a mural was found showing the astronomical positions of the planet Venus. You will also have time to climb the Gran Basamento which takes you above tree level and is where archaeologists found ceremonial offerings dating to around 1000 B.C.

During your visit, your guide will also explain about the wildlife found in this region of Mexico and the medicinal plants that are still used by the modern-day descendants of the ancient Mayan people.

Before re-boarding your coach for the return transfer to the pier, you will have a brief break to enjoy a complimentary beverage and perhaps purchase a souvenir.

Please note: This tour includes a considerable amount of walking over uneven and rough surfaces. Care should be taken as the surfaces can be slippery. The tour is not available to wheelchair guests or pregnant women and is not considered suitable for those with mobility concerns. Flat, comfortable, closed-toe walking shoes; sun caps; sunglasses; sunscreen (biodegradable only) and insect repellent are suggested. Minimum age to participate is 3-years old. Those under 18-years of age are prohibited from consuming alcohol. There is a government tax of \$5-8 USD on the use of video cameras at the site. No tripods and/or professional video cameras are allowed. Flash photos are not allowed inside the ruins due to the delicate nature of the displays. No food is allowed in the ruins.

CMA-010 UCHBEN KAH ECO PARK

Duration: 5.00 Hrs

Tour Price: \$0.00

Retail Price: \$89.00



Date: November 28, 2010

Time: 09:45 AM



Take a journey through the outstanding tropical scenery of Uchben Kah Eco Park, which is set in the rain forest along the banks of Bacalar Lagoon, a place where history and nature meet.

Boarding your coach at the pier, it's a 1-hour narrated drive to the Park, taking in picturesque scenery along the way. Upon arrival, your guide will escort you on a walk through the Park, sharing with you the town's remarkable story as you view the original buildings and hear about the customs and occupations of the town's natives. You will also visit the Park Gallery, where, with the help of artistic visual aids, your guide will explain the fascinating history of this region from Mayan times until present day. Learn how the area functioned as a port exporting Chewing Gum and local hard woods for furniture and now thrives as a tourist destination.

Following your guided tour, you will have approximately 2-hours to relax and take a dip in the fresh water lagoon, play on the inflatable water park or take a refreshing swim surrounded by gorgeous greenery. You will no doubt be amazed by how the blue sky and perfectly matching lagoon are only separated by the green jade of the Mayan Jungle.

After a pleasant day spent basking in the sun, admiring astonishing views from the palapa or simply relaxing and enjoying a pleasant breeze and complimentary beverage, you will re-board your coach for the return transfer to the pier.

Please note: This tour includes approximately 1-hour of considerable walking that includes some uneven surfaces. The tour is not available to wheelchair guests and not considered suitable for those guests with mobility concerns. Flat, comfortable, walking shoes; sun caps; sunglasses and sunscreen (biodegradable only) are suggested. Guest wishing to swim should bring a swimsuit and towel. Tour participants taking part in any water activities do so at their own risk and responsibility. The minimum age to participate is 3-years of age. Those under 18-years of age must be accompanied by an adult parent or guardian and are prohibited from consuming alcohol. The rental of bikes and kayaks is available at the Park along with food items, all at an extra cost. The cashier accepts only cash, either U.S. dollars or Mexican Pesos.



Seated



Light Activity



Extreme Walking or Long Tours



Most Active Tours



Meal Included

General Information

What is Included?

Transportation:

Licensed and insured late model, coaches, vehicles, watercraft, and other modes of transportation are utilized.

Meals and Refreshments:

Included when indicated in the tour description.

Guides:

Licensed, English-speaking, local guides accompany all tours, where available.

Entrance Fees:

Tours include all required admission fees, where applicable.

What Should I Wear?

When taking a shore excursion, comfortable walking shoes, sunglasses, a hat and sunscreen are suggested. You may consider bringing an umbrella, raincoat, sweater, or jacket. And don't forget your camera!

Cancellations and refunds

- In order to ensure quality guides and sufficient transportation, we must provide the tour operator with passenger counts at least 36 hours in advance. Therefore no refunds will be given within 36 hours of the tour.
- Tours operate rain or shine.
- Tours require minimum participation levels to operate so please sign up as early as possible. Tours may be cancelled if minimum participation levels are not met.

Prices, Itineraries and General Information

- Shore excursions prices are subject to change to meet unexpected cost increases or currency fluctuations.
- The information contained in this document was current at the time of printing, however changes may occur before your scheduled departure. Please consult the Destination Services Desk onboard for information and current pricing.
- During local or national holidays, access to certain facilities (such as museums or archaeological sites) may be limited or denied. In such instances, adjustments will be made to minimize inconvenience to guests.
- Some tours have limited availability. Please sign up early to avoid disappointment.
- Regent Seven Seas Cruises reserves the right to require Guests to complete a liability waiver for select shore excursions. For more information, please visit the Destination Service.

Please Note

While the greatest care has been taken to offer the finest services available, Regent Seven Seas Cruises will not be held responsible for any ask, event or omission during the time that passengers are not onboard the ship or its tenders. All arrangements for certain optional off-board activities, including air transportation, hotel accommodation, ground transfers and shore excursions are made by Regent Seven Seas Cruises for the convenience of our Guests with the suppliers of the services. Each Guest agrees not to hold Regent Seven Seas Cruises, its owners, employees, agents or representatives liable, the absence of its own negligence, for any loss, injury, expense, or damage which result directly or indirectly from any act or omission, whether negligent or otherwise, of any person or firm which provides any goods or services in connection with any optional travel component other than water transportation or any other option that is available for purchase.

Arrangements with independent contractors include, but are not limited, to services, products, and transportation provided elsewhere that onboard Regent Seven Seas Cruises vessels in connection with tours whether arranged or organized by tour operators, travel agents, or Regent Seven Seas Cruises. Tours including hotel accommodations and transportation by vessel(s) not owned or operated by Regent Seven Seas Cruises or by air, rail, or land are not under the supervision and control of Regent Seven Seas Cruises.

IMPORTANT INFORMATION

Notwithstanding that Regent Seven Seas Cruises, at the Guest's option, arranges air transportation, hotel accommodations, groups transfers, shore excursions and other services with independent suppliers of the services, it should be understood that Regent Seven Seas Cruises, being a "for profit entity", earns a fee on the sale of the optional services.

No substitutions are allowed and no refunds or credits will be given for individual Your World tours not taken, unless cancelled by Regent Seven Seas Cruises.

NOTICE:

All Regent Seven Seas Cruises shore excursions fares are listed in U.S. dollars, are per person, and are subject to change and availability. Some tours are capacity controlled and may be withdrawn at any time without prior notice. While Regent Seven Seas Cruises makes every effort to adhere to the specifics mentioned in